



MIDRESHET AMIT

TORAH · CHESED · ISRAEL







A PLACE TO LIVE

TORAH

At Midreshet AMIT you will spend your day learning, questioning, and growing in Torah. From interesting and challenging classes to guided chavruta study, your year will be packed with learning geared to help you develop a lifelong connection to Torah.



A PLACE TO LIVE

CHESED

Our home is in the Alfred M. and Frances Frisch Beit Haya'eled, AMIT's well known foster home for disadvantaged youth. You will spend each day teaching, playing and caring for some of Israel's most needy children. As a "big sister" you will be challenged to give of yourself in a way you have never experienced before and you will be transformed in the process.



A PLACE TO LIVE

ISRAEL

Your connection to Israel will be deepened through the unique experience of living and interacting with dedicated Israeli couples and committed Sherut Leumi young women. Through adventurous tiyulim, you will travel the length and breadth of Israel, learning about our history and gaining a greater appreciation for the State of Israel.



THE BEIT MIDRASH

Amit provides each student the opportunity to take on their own personal learning project in our Beit Midrash. The combination of knowledge acquired independently, coupled with motivated teachers who make it their mission to give endless time and energy, allows every student to actualize her full potential. I also love how learning together in the Beit Midrash allows a collective “ruach” to form and this truly enhances the entire experience of growth.

JEMIMA ATAR

London, England

Coming to Amit as the only student from my high school had me feeling nervous and excited at the same time. As soon as I got to the airport, the girls were all so welcoming and friendly and it was right there that I knew I would be making a whole new group of best friends. Each day is full of fun experiences and laughter. I am so happy that I was given the opportunity to make new friendships that will last a lifetime.

DANIELLA HANAU

Sharon, MA





RAV RAFI ROSENBLUM
Mashgiach Ruchani



MRS. NAOMI SCHRAGER
Mashgicha Ruchani



RAV JONNY FRIEDMAN
Mashgiach Ruchani

Our Mashgichim provide our students with the religious and spiritual guidance necessary to reach and even exceed their goals. By learning with the girls one on one or in smaller groups (chubura style), the mashgichim develop close and meaningful relationships with each and every AMIT student.

The Beit Midrash is the center of spiritual life at AMIT. It is a place to learn independently or to learn b'chavruta with a staff member or a friend. It is a place to daven and meet one on one with our Mashgiach or Mashgicha Ruchani, our madrichot and our faculty. It is a place for quiet contemplation. Most of all, it's a place to connect with people who want to grow just like you.



MRS. SEPHA KIRSHBLUM
Mashgicha Ruchani



MRS. DARA KNAPEL
Mashgicha Ruchani



It is so easy to connect with the teachers at Amit. They are always looking to help and to guide us and never fail to be approachable and positive. They have so much knowledge which they share in classes that are intellectually stimulating and fun. The teachers here are one of the many factors that make AMIT such a warm and welcoming environment.

ALLY WEISS
Englewood, NJ





A PLACE TO LIVE

TORAH

The courses of Midreshet AMIT are designed to challenge and guide you as you develop your skills and knowledge. A wide variety of intermediate and advanced classes on topics such as Tanach, Halacha, Hashkafa and Jewish History are offered.

Mornings include time spent in the Beit Midrash preparing texts and researching fascinating subjects under the supervision of caring and knowledgeable teachers. Our regular schedule is enhanced by special events and guest speakers.

At Midreshet AMIT, you will appreciate the relevance of our tradition in today's society and develop a lifelong commitment to Torah.

Amit offers classes for all levels and backgrounds allowing me to learn at my own pace and level all while challenging myself and allowing myself to grow as a Jewish woman. From Gemara and Tanach to Zionism and Holocaust Studies, the wide range of classes gives everyone a lot to choose from. My teachers have been inspiring and challenging making me think outside the box like never before.

DANIELLA AHARONI
Great Neck, NY

In addition to the variety of exciting classes offered every week at AMIT, there are numerous opportunities for additional learning. Educational Seminars throughout the year are centered around topics such as Zionism, Modern Orthodoxy, Emunah and Holidays with text based shiurim, special speakers and experiential programming. Our students have the opportunity to learn from some of Israel and America's most prominent leaders through special guest lectures which take place throughout the year. Optional daily chavrutot with our staff allow our students to engage in learning one on one and focusing on topics of their choice.



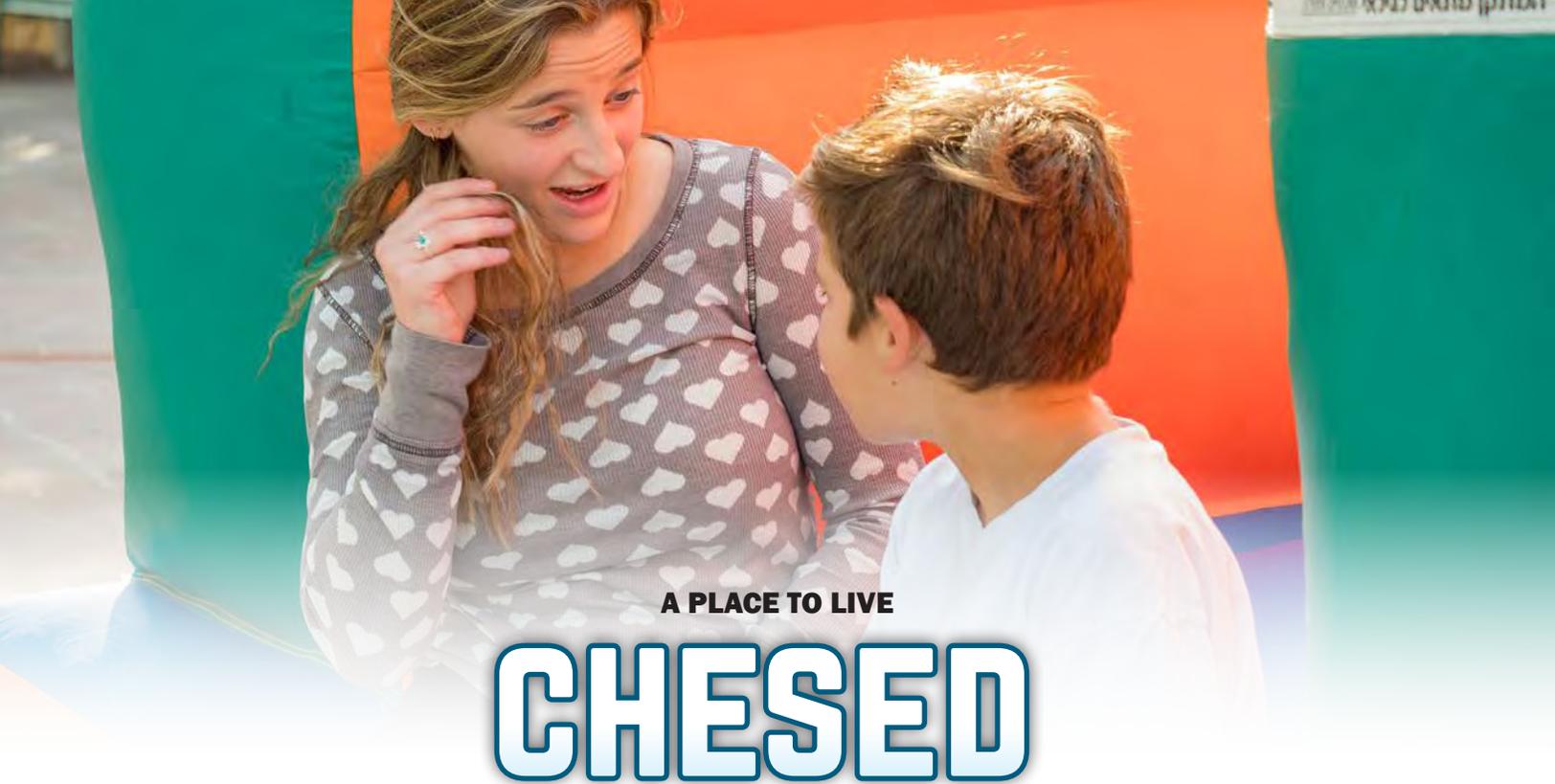


THE CAMPUS

Our comfortable dormitory is located in residential Gilo, a southern suburb of Yerushalayim. Each suite has a fully equipped kitchen, air conditioning, American washer/dryer, exercise equipment, internet access, and a lounge area. Three delicious meals are provided daily and the dormitory is open all year round.

You can choose to stay “home” for Shabbat with your Beit Hayeled family or enjoy hospitality offered by AMIT faculty and friends. The highest security is maintained with closed circuit surveillance cameras and a full time armed guard. Caring madrichot live on the premises and are available to help provide students with all of their needs.





A PLACE TO LIVE

CHESED

Midreshet AMIT provides unique opportunities for daily chesed. As you work with the children at Beit Haya'eled you will use your talent and creativity to design and lead innovative programs. With care and compassion, you will have the opportunity to help disadvantaged children with their academic and social challenges. You will become part of a "mishpachton" (foster family unit) helping to provide much needed shelter, structure and stability.

Additionally, you will work with talented and dedicated post high school Sheirut Leumi girls who have volunteered to spend a year of their lives helping the children at Beit Haya'eled. This entire project is supervised by a joint effort between the staff of Midreshet AMIT and the professionals at Beit Haya'eled, including educators, psychologists and therapists. Throughout the year, these professionals conduct periodic seminars to help you navigate the challenges that you encounter working with foster children. **By giving to others, your lives will be immeasurably enriched and you will develop the skills to become the leaders of tomorrow.**





The Chesed at Amit is unbelievable! I spend time with my Beit Haya'eled kids twice a week or more and also teach English at an AMIT Elementary School in Yerushalayim. I am learning how to be very patient and I truly enjoy the opportunities in the field of education! I have already developed new skills which I never knew I had! I love both opportunities and look forward to helping and also having a great time.

MIJAL ATTIAS
North Miami Beach, FL



I will always be grateful for the opportunity to volunteer with the foster children at Beit Haya'eled. The girls in my group have such lively and loving personalities which are contagious. I came to give them love and support and they do the same for me!

EMILY BLUMBERG
Chicago, IL



A PLACE TO LIVE

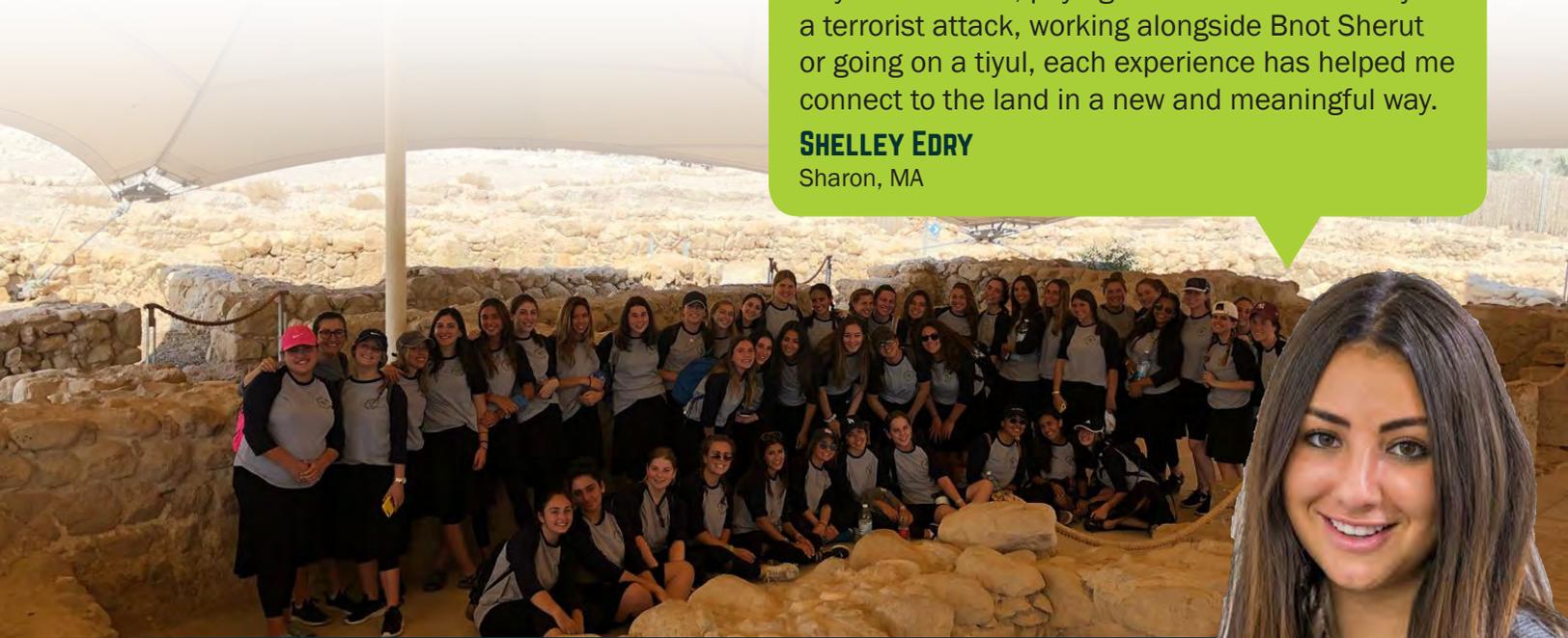
ISRAEL

At Midreshet AMIT you will not just spend a year in Israel, you will “Live Israel!” In addition to daily interaction with Israeli children and families at Beit Hayeled, Tanach and Jewish History come to life as we explore the geography of Israel on our monthly tiyulim. Shabbatonim in communities such as Yerushalayim, Gush Etzion, Tzefat and Beit Shemesh will expose you to the diverse populations of contemporary Israel.



I've visited Israel many times but my experience this year has added a new dimension that combines my American, Israeli, and Jewish identities. Whether it's volunteering with the Beit Hayeled children, paying a shiva visit to a family of a terrorist attack, working alongside Bnot Sherut or going on a tiyul, each experience has helped me connect to the land in a new and meaningful way.

SHELLEY EDRY
Sharon, MA



Additionally, we are part of a large network of 110 AMIT schools throughout the entire country renowned for their academic excellence and professionalism. Throughout the year, we visit some of the AMIT schools in areas such as Sederot, Beersheva, Tzefat and Ashkelon and participate in special joint programs.





“Live Israel” is a motto that is especially meaningful. We have taken trips to learn at our teacher’s homes in different communities, packaged food for Jerusalem’s needy, hiked Ein Gedi, swam the Dead Sea and davened at sunrise at the Kotel. My appreciation for our country has grown immensely and I look forward to experiencing much more throughout the year.

NOMI WEINBERGER
Scarsdale, NY





WEEK AT A GLANCE

SUNDAY AND TUESDAY

9:10-10:00

Women in Nach

The Search for Identity in Sefer Shemot

Laws of Kashrut

Pirkei Avot Siman L'Banim

Middot & Mystical Meditation

10:05-10:55

Middot & Mystical Meditation

Talmud (Intermediate/Advanced)

Seven Habits of Highly Effective Jews

Who's Up Next in Sefer Shoftim?

11:00-11:50

Beit Medrash

11:55-12:45

World of Medrash

A Matter of Trust: (Chovos Halevavos)

Between the Lines: Sefer Bereishit

Women in Jewish Law

WEDNESDAY CHESED: OUT OF THE BUILDING

MONDAY AND THURSDAY

9:10-10:00

Art of Tefila

Torah and Science

A Day in the Life

Lashon Harah in the Age of Social Media

10:05-10:55

Art of Tefila [Double Period, 2]

Hilchot Shabbat

Morality vs. Halacha

Shutim

11:00-11:50

Beit Medrash

11:55-12:45

Michtav Me'Eliyahu

Hilchot Shabbat

Great Conflicts in Jewish History

Villains in Tanach



SUNDAY AND TUESDAY

2:50-3:45

**Divinity, Psychology, Politics and
Chaos, in Nach
History of The Holocaust
Traveling through the Siddur
Living Inspired**

3:50-4:45

**Jerusalem U Israel Course
Around the Year
Introduction to Chasiddut
Modern Orthodoxy**

4:50-7:30

Beit Haya'eled

WEDNESDAY

2:50-4:45

**מגמות
MEGAMOT**

4:50-5:45

**FACE TIME
WITH MRS.
GOTTLIEB**

6:30-7:30

**NIGHT SEDER
WITH
ADMINISTRATION**

MONDAY AND THURSDAY

2:50-3:45

**Iyov: Looking at Why Bad Things
Happen to Good People
Hilchot Shabbat
Thought of Rav Kook
The Hidden World (Agadot Chazal)**

3:50-4:45

613!

**Women in Jewish Law
History of Zionism
Halachot and Meaning of Tefila**

4:50-7:30

Beit Haya'eled

NIGHT SEDER • 7:45-9:00 • SUNDAYS/TUESDAY/THURSDAYS

Chavrusa & Chabura

Life Hacks / Pirkei Avot • The Path to Joy and Faith

Rediscovering the Aleph Bet • A God to Believe In





WEEKLY CLASSES

WOMEN IN NACH

In this course we will learn about the women found in נביאים and כתובים. We will explore their role and impact on their times and surroundings and apply the lessons of their lives to our lives today. We will learn about righteous women as well as some evil women, all of whose stories can teach us. We will focus on the primary text and explore relevant commentaries.

THE SEARCH FOR IDENTITY IN SEFER SHEMOT

In this course, we will be rediscovering Sefer Shemot, the book which contains many of the most pivotal moments in Jewish history, such as the enslavement of Bnei Yisrael, Yetziat Mitzrayim, Kriyat Yam Suf, Matan Torah, and Chet HaEgel. We will begin by focusing on Moshe Rabbenu's personal growth as he himself searched for his own identity. What are the character traits he possessed which helped him throughout his personal struggles, and why is this important for us today? In studying these events, we will also explore the larger questions they generate, such as: Why would a Chosen Nation to begin as slaves? Why would someone who grew up in an Egyptian palace be chosen to be the leader? Why would Hashem go through the process of the makot instead of simply taking His nation out of slavery? This class is a text-based class, in which we will delve into the stories, ask questions, and search through the pesukim and the commentators, in order to develop new thoughts and ideas.

KASHRUT ON CAMPUS (AND AT HOME, TOO.)

Keeping kosher is one of the pillars of Jewish observance, and understanding the principles of Kashrut and knowing how to apply them is paramount to living a full Jewish life. The college dormitory presents particular challenges in this regard. This course will provide an overview of the principles of kashrut, with special emphasis on issues that are likely to arise and emphasize the practical laws and issues pertaining to the maintenance of a kosher home.

PIRKEI AVOT SIMAN LABANIM

The Torah has so many incredible messages to teach us through the myriad of stories and lives it describes, and so many of those ethics and morals are recounted in Pirkei Avot. Together, in this unique course which combines Pirkei Avot with Tanach, we will learn about different parts of Tanach and see how each story can so eloquently teach us by example the lessons of the Mishna and the ideals by which we should shape our own personal lives today.

MIDDOT AND MYSTICAL MEDITATION

Each class focuses on learning about a different character trait and at the end of class we do a short meditation to help integrate the ideas for greater yishuv da'at (peace of mind.)

INTERMEDIATE GEMARA

What is the Talmud? This Gemara course explores the many levels comprising one of Judaism's most cherished works. The Gemara is the Jewish guide to life - discussing law, ethics, history, science, and Torah interpretation. Supplementary discussions will analyze the significance of this 2000 year old document and why Jews continue to revere its message.

ADVANCED TALMUD

The Gemara is the central work of all of Torah Sheba'alPeh, and in it contains the key to Jewish Law and beyond. This class will explore the Gemara in depth. Emphasis will be placed on critical analysis of Gemara and Early Rabbinic Scholars, with the goal of understanding the foundation of Halachah.

SEVEN HABITS OF HIGHLY EFFECTIVE JEWS

We are all creatures of habit. Many of us procrastinate work, errands, and phone calls. We know we will do them eventually we just "aren't in the mood" to do them right now...Others always say "yes" when a friend asks us for a favor even if we really don't want to do what was being asked. Does saying "no" make you a "bad person?" Can giving be a bad thing? And some people get five hours of sleep and can function really well during the day, does that mean that's all the sleep you need? Steven Covey, author of Seven Habits of Highly Effective People, discusses the habits he believes help us develop into our best selves. For example, how to best listen to people, how to prioritize our time, when its best to work alone or best to work as a team, etc...In this class we will learn these habits in detail while incorporating Jewish philosophy, and specific mitzvot. Combining these ideas will help us appreciate how the Torah is truly a guidebook of maximizing our lives. Exercise, sleep, being more assertive, and so many "good habits" are positive mitzvot as well. Together we will learn how to develop these positive habits into our everyday lives.

WHO'S UP NEXT IN SEFER SHOFTIM?

Sefer Shoftim is a dynamic and exciting book, filled with stories of various leaders throughout the time period. Many questions arise when studying these stories, such as: Why do Bnei Yisrael repetitively fall into this seemingly never ending cycle? What is the essential difference between all of these different saviors? What is the meaning and purpose of the temporary leadership? What is the role of the enemies throughout the book? We will use the text as a springboard for discussion and analysis when studying each story on its own, and the connection between the stories as a whole. This is a text based class, in which the way the story is told will assist us in uncovering the answers to our questions.

WORLD OF MEDRASH: (HOW THE MIDRASH GOT IT'S GROOVE BACK)

Do a little dance. Make a little chiddush. Get down with some funky Midrashim. Learning to love Parshat Hashavua by really tasting the details of the story. What actually happened? What did it look like? Feel like? Smell like? And what in the world do the midrashim on the parsha have to do with me? Time to explore the parshas and ourselves, in the World of Midrash.

A MATTER OF TRUST: STUDIES IN CHOVOT HALEVAVOS (DUTIES OF THE HEART)

Rabbeinu Bechaya's Chovos Halevavos is a timeless classic of Jewish philosophy. In it, he tackles one of the most important topic facing every Jew—bitachon: faith and trust in Hashem. This course will expose the student to this staple of Jewish philosophy and analyze and flesh out the issue of Bitachon—faith in Hashem.

BETWEEN THE LINES: SEFER BEREISHIT

The Torah reveals very few relatable details of the lives of the men and women who shaped Jewish heritage, and we are used to viewing Torah characters as purely symbolic and instrumental figures. In this course, we explore these well-known characters from a unique, more humanistic perspective—delving into their emotional complexities and psychological nuances. We will dig deeper and try to better understand the personal struggles, triumphs and idiosyncrasies of these integral Biblical personalities.

WOMEN IN JEWISH LAW

As Jewish women, it is essential for us to study and gain insight into the mitzvot that we observe. In this course, we will develop a deep conceptual understanding of a woman's performance of mitzvot. We will trace the unique set of laws applying to the Jewish woman from Tanach through contemporary poskim. The challenges and opportunities facing the Jewish woman in today's society will be discussed, debated and analyzed throughout the year.

THE ART OF TEFILA

The Art of Tefillah class begins each month with a different inspiration from the world of Jewish prayer. Sources include the Siddur and Tehilim, with highlights on familiar mizmorim such as the shirei hamaalot and liturgical texts such as Eshet Chayil. The course is designed to acquaint the students with the artistic process which begins with religious inspiration and which is then translated artistically in painting.

TORAH AND SCIENCE

We will explore some of the major issues and conflicts between torah and science. We will begin with the classic "hot" topics such as Age of the Universe, Dinosaurs, Fossils, Creation/Evolution and move on to conflicts of the modern age Brain Death, Euthanasia, Stem Cell Research, Organ Donation, cloning as well as other topics. This is a text based class using classic commentators as well of views of leading scientists. The aim of the class is to enable students to feel confident in their knowledge of the issues and to be exposed to various resolutions.

A DAY IN THE LIFE (LAWS OF EVERYDAY LIFE)

The life of a Jew is filled with ritual from the time we wake up until we go to sleep. This halachah (Jewish Law) class will trace the cycle of the day using classic halachic sources as well as contemporary responsa with the goal of understanding and bringing meaning to our day

LASHON HARA IN THE MODERN WORLD

Lashon hara in the era of social media: when the Chafetz Chaim wrote his classic masterpiece on Shmirat HaLashon, cell phones, Facebook, and Snapchat weren't even a figment of his imagination. Fast forward 150 years- how do the timeless laws of lashon hara apply in the modern world? Is something considered public if it's posted on Facebook? Is anonymity a good thing? Can we ever post critical or negative comments? What role does tzniut and humility play in our 'online life'? How do we respond to public shaming? This will be a source based class with a heavy emphasis on class discussion.

HILCHOT SHABBAT

From the perspective that "תלמוד מביא לידי מעשה" ("study fosters observance"), Hilchot Shabbat is an essential aspect of any curriculum. Such a central aspect of Jewish life demands not only a knowledge of what to do, but an understanding of why we do it. We will study some of the most commonly encountered areas of Hilchot Shabbat with emphasis on their practical application. As a double period class, we will have plenty of time for chavruta, skill building, and individual growth as part a central aspect of our class.

MORALITY VS. HALACHA

This course is comprised of a series of lectures analyzing several topics within Jewish law that challenge our contemporary views of morality. The course concentrates on analysis of several Bible based topics. At the conclusion of the course, the students will be encouraged to contrast their views at the inception of the course, with those formed at its conclusion.

SHUTIM: QUESTIONS IN A MODERN WORLD

This course will focus on שאלות ותשובות (known as שו"ת) and the integral role they have played for the last 1000 plus years. We will see how the Gemara, the rishonim, the שולחן ערוך, and the achronim are used to answer questions that arise in all areas of our ever changing world.

MICHTAV M'ELIYAHU

Rav Eliyahu Dessler was one of the greatest Jewish thinkers of the twentieth century. R' Dessler was born in the late 1800s in Lithuania where he learned under some of the leaders of European Jewry. R' Dessler went on to spread his teachings to England before finally settling in Israel and teaching there until the end of his life. This course looks closely at Rav Dessler's magnum opus, Michtav M'Eliahau. We will base the course on Michtav M'Eliahau but we will examine how other Jewish thinkers dealt with the issues raised in the book.



GREAT CONFLICTS IN JEWISH HISTORY

This course is comprised of a series of lectures describing time periods and /or events during which there was conflict within the Jewish community.

VILLAINS IN TANACH

In this class we will explore some of the most well-known stories in Tanach (as well as some lesser known episodes), but rather than focus on the protagonist we will analyze and get to know the villains. We will ask such fundamental questions as- what is evil. What makes the 'bad guys (or girls)' of Tanach bad? Relying on the peshat as well as the Midrashic and later commentaries, we will try to understand these unethical characters and learn how NOT to act.

DIVINITY, PSYCHOLOGY, POLITICS AND CHAOS IN NACH

Nach is filled with stories of tumult, chaos, and conflict. Yet, of course, it is the word of Hashem to us and provides a path of spiritual existence. How do we reconcile the two? In this course, we will pursue a broad understanding of these exciting stories and attempt to place them firmly in a framework of Godliness where they belong.

HISTORY OF THE HOLOCAUST

What were the thousand years of Yiddish culture that was destroyed by the Holocaust? Who exactly were the six million men, women, and children slaughtered by their neighbors? What was the nature of the world they lived in? How did it happen? The purpose of this class is to:

- Develop an understanding of the world of East-European Jewry
- Understand what Nazism was
- Learn about life in the Ghetto
- Learn the extent of the Nazi atrocities
- Understand the history of Christian Anti-Semitism
- Explore different types of resistance, Spiritual vs. Physical
- Explore the connection between the Holocaust and the Jews being Stateless
- Understand the connection between Israel and the Holocaust

INTRODUCTION TO CHASSIDUT

This course introduce the student to the that will take us through the Torah and help us reveal this light into our everyday lives lighting up every action we perform.

True, the world around us is full of filth and confusion and sometimes relationships seem to not be working out the way they were intended. So what do we do? Do we run away from the problems of life, complaining about all the darkness in the world? Or do we bring the light, ignite a fire that illuminates the holiness of this world? If we are 'lit up' then even the most mundane conversations and the greatest problems in life are just another opportunity for closeness and growth! However, the inspiration one receives is so short lived. So often we fall into the robotic nature of being an observant Jew, just going through the motions, feeling totally empty inside. What is to be done? Are there any proven methods to inspire observant Jews experiencing a gap in religious enthusiasm? The answer is YES! However, it is not by changing our lives into something completely different but by experiencing the same life in a lit up way!

With the Parsha as a springboard, we will view the world through the lens and heart of the Chassidic Masters, enabling us to not only answer this question for ourselves but fully live it, enhancing our lives and the lives of those around us.

LIVING INSPIRED

Inspiration doesn't just "happen". It is something we have to be open to; it is a way of life and takes a mindset of growth. Together in this class, we will work towards having a more meaningful life. We will address many down-to-earth topics, including: how to become who you really are; leaving your mark on the world; clearing your mind of distractions; swimming against peer pressure; how to achieve happiness, and much more. By acquiring tools to face life's challenges, we will hopefully leave each shiur feeling uplifted, inspired, more self-aware and more connected – to ourselves, to Hashem, and to the Jewish people.

JERUSALEM U ISRAEL COURSE

This course provides an in-depth understanding of the Zionist narrative and how it conflicts with the Palestinian narrative. Topics covered throughout the course include Jerusalem, Palestinian refugees, settlements, border disputes, security concerns and the struggle for peace. By addressing these complex issues head on, students will gain the knowledge to effectively articulate an informed position regarding one of the longest running post WW2 conflicts.

AROUND THE YEAR

The Jewish calendar is a living, breathing, and vibrant guide which lead us through the various emotions and experiences of our Jewish existence. From the exulted freedom of Passover to the bitter tears of Tisha B'Av, the Jewish calendar helps shape the character of the Jewish experience. However, too often we are caught off guard and find ourselves unprepared to properly absorb the power of each month and the flavor of each holiday as they seem to suddenly arrive unexpectedly. In this course, we will travel through the entire Jewish year- from start to finish- and make stops along the way to learn about the laws and lessons of each special day. Obviously, the course will not be able to cover every holiday in full detail, but will at least give a taste of each one. The course will cover at least basic laws related to each significant day, as well as provide an understanding of the morals and values that each day is meant to introduce.

TRAVELING THROUGH THE SIDUR

This class will focus primarily on the simple order of the siddur and the meaning of each prayer. It will include different ideas from major commentaries in order to enhance the meaning of each refillable and enable the students to connect to each prayer on personal level.

ISSUES IN MODERN ORTHODOXY

In this class we will attempt to anticipate some of the challenges that will occur when the student is no longer in their supportive Jewish environment. We will be discussing issues such as: What to do when we start to doubt? How to react and interact with other religions and with other denominations of Judaism? Is evolution anti – Torah? What is Biblical criticism, and the like.

IYOV: PERSPECTIVES ON SUFFERING

Iyov is known to be one of the most challenging books of Tanach. Known for intricate language and deep philosophical questions, it is much more than a book about 'why bad things happen to good people.' This course will allow the student the opportunity to explore the depth and beauty of this complex book. Learning Sefer Iyov is a way to learn about the bigger picture of life. What is the purpose of this story? Is there meaning to life's challenging events? How do we cope when life doesn't go as planned?



THOUGHT OF RAV KOOK

Whether you can place the name or not, Rav Avraham Yitzchak Kook (1865-1935) has had a direct impact on your life. The name Rav Kook is synonymous with religious Zionism. In fact, it is impossible to understand religious Zionism in Israel without having some understanding of the writings of Rav Kook. However, Rabbi Kook's thought is deep and wide ranging, from modern Zionism to deep and timeless mysticism. This course will explore the works of Rabbi Kook and enable the student to grasp the depth of his thought. Our objective is to familiarize the student with the work of this one of a kind thinker and visionary. Over the semester, we will learn Rav Kook's writing in different topics and try to understand the relevance of his writings in our days specifically in Eretz Israel.

THE HIDDEN WORLD / AGGADOT CHAZAL

The ancient texts of the Aggadah and Midrash contain timeless wisdom "hidden" in the form of amazing stories, elaborate parables, and cryptic sayings. In this course we will uncover the deeper messages that Chazal intended to communicate in these remarkable passages. We will mine these stories for deep messages about ethics, how to live a meaningful life, optimism and much more. We will encounter the heroes of the Talmud and understand them in their historical context while applying their messages to a modern audience.

SURVEY OF 613 MITZVOT

We are familiar with the idea that there are 613 mitzvot, but have you ever wondered where that number came from? And why are there so many mitzvot? Can't we just have a few that are perfect instead? Is living in Israel a mitzvah? How about davening? Where does the mitzvah of chesed come from? How much Torah does one need to learn every day? In this class, we will look at what the Rishonim (Rambam, Ramban, Smag...) considered as part of the 613 mitzvot and we will try to learn more about a selection of those mitzvot (what to do, when to do them, who needs to do them...)

WOMEN IN JEWISH LAW

As Jewish women, it is essential for us to study and gain insight into the mitzvot that we observe. In this course, we will develop a deep conceptual understanding of a woman's performance of mitzvot. We will trace the unique set of laws applying to the Jewish woman from Tanach through contemporary poskim. The challenges and opportunities facing the Jewish woman in today's society will be discussed, debated and analyzed throughout the year.

HISTORY OF ZIONISM

This course will examine the transformation of the spiritual and religious Zionist idea into a modern, Jewish national movement which shaped the political and the cultural foundation of the State of Israel. Who were these secular and religious Jews who brought about a complete change in Jewish affairs after a 2000-year exile? What happened in the 19th century to bring Zionism into the hearts and minds of the people? How does Israel today function as a Jewish state while also acting as a vibrant democracy? This class will introduce the student to the "movers and shakers" who shaped Zionist thinking. It will also expose students to the issues and problems of a modern Jewish State that also functions as a democracy. Lastly, students will become familiar with the importance of Eretz Yisrael in Jewish Thought.

PRAYER: HALACHAH, SIGNIFICANCE AND MEANING

Prayer is one of the most important and defining areas of halacha for the Jewish people. Over the semester, we will learn to appreciate what tefila is through the halachot of Tefila. The objectives of the course are to know the halachot and their meaning, gain an appreciation of the depth of what tefila is, and with that, to connect to tefila.

LIFE HACKS / PIRKEIAVOT

As we take a deeper look into life lessons from the wisest of all men, expect to learn much about the world, the community and yourselves as well. While this class is not text-based, Pirkei Avot will often be used as a guide. Highly interactive, strong discussion, will get you thinking and asking and sharing, and may even involve a game or two

THE PATH TO JOY AND PEACE

The first semester of this class will explore our preconceived notions of Simcha, what a Torah's view on the matter is, and how do we incorporate this view in to our life's?

REDISCOVERING THE ALEPH BEIS

This course will take us through the Aleph Beis and uncover the hidden secrets behind each letter.

A G-D TO BELIEVE IN

All throughout life people are bombarded with various understandings of who G-d is. Even the religious and devout of us sometimes can't help but picture an old man in the sky. Some, deep down, may think of G-d as a cruel, ambivalent or even apathetic towards His creations. We will seek to understand how we relate to G-d and which attributes and tendencies we naturally ascribe to Him. Then we will look to research how the Torah would like us to relate to G-d, which would be, necessarily, how G-d would like us to relate to Him.



ACADEMIC CALENDAR

AUGUST

Tuesday, August 28
Arrival – Welcome to Israel!

Wednesday & Thursday, August 29- 30
Orientation, Yom Gibush

SEPTEMBER

Shabbat, September 1
Amit Orientation
Shabbaton

Sunday, September 2
First Day of Classes

Tuesday, September 4
Old City Vatikin Trip

Monday & Tuesday, September 10- 11
Rosh Hashanah

Wednesday, September 12
Tzom Gedalia, AM
Classes Only

Wednesday, September 19
Yom Kippur (Optional
Program in Amit)

Thursday, September 20
Chessed Trip

**Friday, September 21-
Tuesday, October 2**
Sukkot Vacation

OCTOBER

Wednesday, October 3
Classes Resume

Friday, October 5
“Live Israel” Tiyul

Shabbat, October 6
Shabbaton

NOVEMBER

Shabbat, November 3
Shabbaton

Wednesday & Thursday, November 14-15
Galil Tiyul

Shabbat, November 17
Optional In Shabbat in Amit

DECEMBER

Shabbat, December 1
Shabbaton

**Sunday, December 2-
Monday, December 10**
Chanukah

**Wednesday, December 5-
Sunday, December 9**
Chanukah Vacation

Monday, December 10
Classes Resume

Tuesday, December 18
Asara B'Tevet, AM
Classes Only

JANUARY

Shabbat, January 5
Shabbaton

Sunday, January 13
Semester 1 ends

Monday, January 14
Semester 2 begins

Thursday, January 24
Mid-Year Winter Vacation

Sunday, January 27
Classes resume

FEBRUARY

Shabbat, February 9
Shabbaton

Monday & Tuesday, February 11 - 12
Eilat Tiyul

Shabbat, February 23
Optional In Shabbat in Amit

MARCH

Shabbat, March 15
Jerusalem Marathon,
Go Team Amit!

Friday, March 16
Shabbaton

Wednesday, March 20
Taanit Esther

Thursday, March 21
Purim

Friday, March 22
Shushan Purim

APRIL

Thursday, April 4
Pesach break begins at
lunch, AM Classes only

**Monday, April 8 –
Monday, April 15**
Optional Heritage Poland
Trip

MAY

Wednesday, May 1
Classes resume at Night
Seder

Thursday, May 2
Yom Hashoah Program

Friday, May 3
“Live Israel” Tiyul

Shabbat, May 4
Amit Shabbaton

Monday, May 6
Visit to Har Herzl

Wednesday, May 8
Yom HaZikaron

Thursday, May 9
Yom Haatzmaut

Sunday & Monday, May 19 - 20
Golan Tiyul

Thursday, May 23
Lag BaOmer Program

JUNE

Shabbat, June 1
Shabbaton

Thursday, June 6
Morning Banquet Brunch

Shabbat & Sunday, June 8 - 9
Shavuot Program

Tuesday, June 11
Dorm Closes at noon,
צאתכם לשלום



MEGAMOT/ELECTIVES

At Amit, every student has the opportunity to pick an elective as part of our unique Megamot program. Each week, the students will spend time exploring one elective and engage in experiential learning including group trips, projects, speakers and opportunities for meaningful reflection. Students will be encouraged to think creatively and cooperatively about how to incorporate their learning and experiences into their communities. Students will also gain exposure to the variety of personalities and activities in the broader Amit network throughout the country.



LEADERSHIP

Students will hear from industry leaders, Knesset ministry officials and entrepreneurs. Students will discover their unique leadership style through participating in workshops on topics such as public speaking, modeling leadership skills to youth at risk and dressing for success.



ISRAEL

Students will experience Israel from several different angles: history, culture, people and geography. Trips and Speakers will highlight the successes and challenges that modern day Israel faces.



CHESED

Students will meet with and learn from individuals who have prioritized chesed in their lives. They will develop an action plan together to 'give back' to the community and to inspire the rest of their fellow students to become involved in meaningful chesed.



TORAH

Students will be exposed to creative thinkers in the Torah world and will visit museums and organizations who synthesize Torah and the complexities of the modern world. Students will learn and teach in the broader Amit community.





OUR STUDENTS

AMIT STUDENTS ARRIVE FROM THE FOLLOWING HIGH SCHOOLS:

Beren Academy (Houston, TX)
Beth Rivkah (Melbourne, Australia)
CHAT (Toronto, ON)
Fuchs Mizrahi (Cleveland, OH)
HAFTR (Lawrence, NY)
HANC (Plainview, NY)
Hasmonean High School (London, UK)
Hillel Day School (Miami, FL)
Ida Crown Academy (Chicago, IL)
Kesser Torah (Sydney, Australia)
Maayanot Yeshiva High School for Girls (Teaneck, NJ)
Magen David (Brooklyn, NY)
Maimonides (Boston, MA)
Melvin J. Berman Hebrew Academy (Potomac, MD)
Moriah College (Sydney, Australia)
North Shore Hebrew Academy (Great Neck, NY)
Rabbi Alexander S. Gross Hebrew Academy (Miami Beach, FL)
Rae Kushner Yeshiva High School (Livingston, NJ)
RAMAZ (New York, NY)
SAR (Riverdale, NY)
Shalhevet (Los Angeles, CA)
Stella K. Abraham High School for Girls (Hewlett, NY)
Frisch (Paramus, NJ)
Ulpanat Orot (Toronto, ON)
Weinbaum Yeshiva High School (Boca Raton, FL)
Westchester Hebrew High School (Westchester, NY)
Yeshiva College (Johannesburg, South Africa)
Yeshiva of Atlanta (Atlanta, GA)
Yeshiva of Flatbush (Brooklyn, NY)
Yeshiva of Greater Washington (Silver Spring, MD)
YU High School for Girls (Queens, NY)
YULA (Los Angeles, CA)

AMONG THE UNIVERSITIES OUR STUDENTS ATTEND ARE:

Bar Ilan University (Israel)
Barnard College
Boston University
Brandeis University
Columbia University
Emory University
Fashion Institute of Technology
Hunter College
IDC (Israel)
Johns Hopkins University
London School of Economics
McGill University
New York University
Parsons College
Queens College
SUNY Albany
SUNY Binghamton
Touro College
UCLA
University College of London
University of Maryland
University of Michigan
University of Pennsylvania
Washington University
Yeshiva University - Stern College
for Women
York University

OUR STUDENTS COME FROM THE FOLLOWING COUNTRIES:

United States, Canada, England, Australia, South Africa and The Netherlands

What sets us apart from other Midrashot is the diversity of girls that take part in our yearlong journey. As one of only two Canadians, I have been warmly welcomed by my peers. I am learning so much about other cultures and countries through my new friends and I find myself asking about their outlook on Israel and their communities while contributing my own opinions as well. No matter where I travel in the future, I know I will always have an Amit family member right around the corner.

DANIELLE LEBOWITZ

Toronto, Canada

At Midreshet Amit everyone is part of something bigger than just school...we are part of a family. I feel loved, trusted and taken care of. This year I am developing relationships with friends, teachers and the kids at Beit Haya'eled which I know will last for years to come. We all support each other through the great days and the harder ones because being part of a family means unconditional love and support.

CHLOE SCHWARTZ

Woodemere, NY

The teachers at Amit have been so welcoming. They care about us both in and out of the classroom. All of the teachers are interested in hearing our opinions and enjoy getting to know us. This past Shabbat, I was a guest at my teachers and it was so amazing to be with a warm and welcoming family which reminded me of home.

ARIELLE GOMBERG

Boca Raton, FL

The classes at Amit have given me the ability to ask questions that I have always had but never asked. I have a drive and passion to learn Torah on a whole new level. I find myself taking on new challenges just from what I have learned in class and from my amazing teachers. The ability to grow intellectually and religiously makes me so excited to see what I am capable of.

JULIETTE GUETTA

Los Angeles, CA

After a day of learning Torah, we have the privilege to go upstairs from our Beit Midrash to volunteer with our Israeli foster children. From soccer games to dance parties, all of us have a great time together. I feel so lucky to be a part of a school that values Torah and Chesed and that I get a chance to have both aspects of Judaism as such integral components to my year in Israel.

MELISSA ADLER

New York, NY

I have always wanted to spend a year living in Israel and Amit has given me so many opportunities to explore our land in many new ways. From our exciting tiyulim from the north to the south to uplifting Shabbatot in various communities across the country, I have been experiencing life in Israel this year in a whole new way and loving every minute!

TAMMY KWARTZ

Manchester, England





ADMINISTRATION



Mrs. Ilana Gottlieb
Director

A natural and highly regarded educator, Mrs. Gottlieb has served as director of Midreshet AMIT since 2009-2010. In addition to her administrative responsibilities, Mrs. Gottlieb's open-door policy and engaging personality enables her to develop close personal relationships with each of the students at AMIT. Mrs. Gottlieb earned a BA in Education summa cum laude from Stern College, as well as a Masters degree in Education and Administration from Azrieli Graduate School, where she was co-valedictorian. With her special combination of personal warmth and professional excellence, Mrs. Gottlieb is an inspiring leader and ideal role model for our students. Mrs. Gottlieb lives in Ramat Shilo with her husband and four children.



Rabbi Daniel Goldstein
Rav HaMidrasha

Rabbi Daniel Goldstein has been a faculty member at Midreshet AMIT since we opened our doors in 2007. Prior to making aliyah, Rabbi Goldstein served as the rabbi of Kingsway Jewish Center in Brooklyn, NY. Rabbi Goldstein received his BA from Yeshiva College, Semicha from RIETS, and an MA in History from Brooklyn College. With his wise academic guidance and genuine care for each individual, Rabbi Goldstein ensures that every student maximizes the opportunities available for her at AMIT. Rabbi Goldstein and his family live in Neve Daniel.



Mrs. Barbara Vidomlanski
Coordinator of Student Life

Mrs. Barbara Vidomlanski's round-the-clock guidance and good humor ensure that our students are happy and cared for 24/7. With innovative Shabbatonim, tiyulim, and chesed programs, Barbara – as she's known at AMIT – adds fun, exciting, and inspiring out-of-the-classroom components to the AMIT experience. Barbara earned her degree in education from Stern College and in addition to the various formal and informal educational positions she has held, she has spent many summers on staff at Camp Moshava. Barbara and her husband live in Ramat Shilo with their six children.



Mrs. Shirelle Avreky
Eim Bayit and Beit Haya'eled Chesed Coordinator

Shirelle is our first Midreshet AMIT alumna to serve as a full time staff member. As Eim Bayit, she works with both faculty and students to make sure that all the girls are well taken care of. As Beit Haya'eled Chesed Coordinator, she oversees all interactions between the foster families and the AMIT students and runs exciting special events in our building. Her warmth and dynamic personality, and her open home for a late night shmooze or a Shabbat meal have endeared her to the entire AMIT family.



Ms. Adina Ginsberg
Volunteer Coordinator

Adina's experience with AMIT began as a Bat Sherut at Beit Haya'eled followed by her role as a madricha with the Midrasha. As Volunteer Coordinator, she oversees the entire Chesed experience to ensure that each student has an opportunity to volunteer both outside of our building once a week and on campus every day. Adina's combination of professionalism and warmth make her a beloved member of our staff who's also a close friend to all. Adina is also a successful Ecommerce Manager at a start up company.

THE FACULTY

Our faculty is made up of Israel's most dynamic and caring educators. They have the special ability to make ancient texts relevant and meaningful. They are dedicated to the students and focused on creating lasting relationships. Our faculty are role models and represent an ideal synthesis of love of Torah, Am Yisrael and Eretz Yisrael.



Rav Amos Azizoff



Mrs. Sima Cohen
Blaustein



Mrs. Nili B'Simcha



Rav Max Daniels



Mrs. Pesha Fischer



Rav Jonny
Friedman



Rav Eytan
Goldstein



Mrs. Sepha
Kirshblum



Mrs. Rebecca Klein



Mrs. Dara Knapel



Mrs. Adina Mann



Reb Norman
Meskin



Mr. Matthew
Lipman



Rav Aaron
Rosenberg



Mrs. Molly
Rosenberg



Rav Rafi
Rosenblum



Mrs. Naomi
Schrager



Mrs. Aliza Schwartz



Mrs. Geula Twersky



Rav Shalom
Weisberg



Rav Aharon Wexler





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