



MIDRESHET AMIT

TORAH · CHESED · ISRAEL







A PLACE TO LIVE

TORAH

At Midreshet AMIT you will spend your day learning, questioning, and growing in Torah. From interesting and challenging classes to guided chavruta study, your year will be packed with learning geared to help you develop a lifelong connection to Torah.



A PLACE TO LIVE

CHESED

Our home is in the Alfred M. and Frances Frisch Beit Heyeled, AMIT's well known foster home for disadvantaged youth. You will spend each day teaching, playing and caring for some of Israel's most needy children. As a "big sister" you will be challenged to give of yourself in a way you have never experienced before and you will be transformed in the process.



A PLACE TO LIVE

ISRAEL

Your connection to Israel will be deepened through the unique experience of living and interacting with dedicated Israeli couples and committed Sherut Leumi young women. Through adventurous tiyulim, you will travel the length and breadth of Israel, learning about our history and gaining a greater appreciation for the State of Israel.

WEEKLY CLASSES

- Advanced Talmud
- **Advanced Tanach**
- Aggadot Chazal
- **Around the Jewish Year**
- **Between the Lines: Biblical Personalities in Bereishit**
- **Bible Stories (You didn't learn in Grade School)**
- Chamesh Megilot
- **Creative Tanach**
- Exploring Tefila
- **Hey 19!: An Overview of the 19 Books of Nach**
- Hilchot Kashrut
- Hilchot Shabbat
- History of the Holocaust
- **History of Zionism**
- Introduction to Chassidic Thought
- **Iyov: On Faith and Suffering**
- Jerusalem U: Israel Advocacy
- **Jewish Heroes**
- Jewish Philosophy Book Club
- **Life Cycles**
- **Medicine and Halacha**
- **Pirkei Avot Siman L'Banim**
- **Power of Tefila**
- **Relationships in the Torah**
- **Sefer Melachim: Pirkei Eliyahu v'Elisha**
- **Sheilot U'Teshuvot: Modern Halachic Issues**
- **Sippurei Rabi Nachman**
- **Tefila: Structured or Spontaneous?**
- **The Challenge of Change: The Thought of Rav Kook**
- **The Kuzari**
- **The Neshama of the Aleph Bet**
- **The Thought of Rav Soloveitchik**
- **Women in Jewish Law**





A PLACE TO LIVE

TORAH

The courses of Midreshet AMIT are designed to challenge and guide you as you develop your skills and knowledge. A wide variety of intermediate and advanced classes on topics such as Tanach, Halacha, Hashkafa and Jewish History are offered.

Mornings include time spent in the Beit Midrash preparing texts and researching fascinating subjects under the supervision of caring and knowledgeable teachers. Our regular schedule is enhanced by special events and guest speakers.

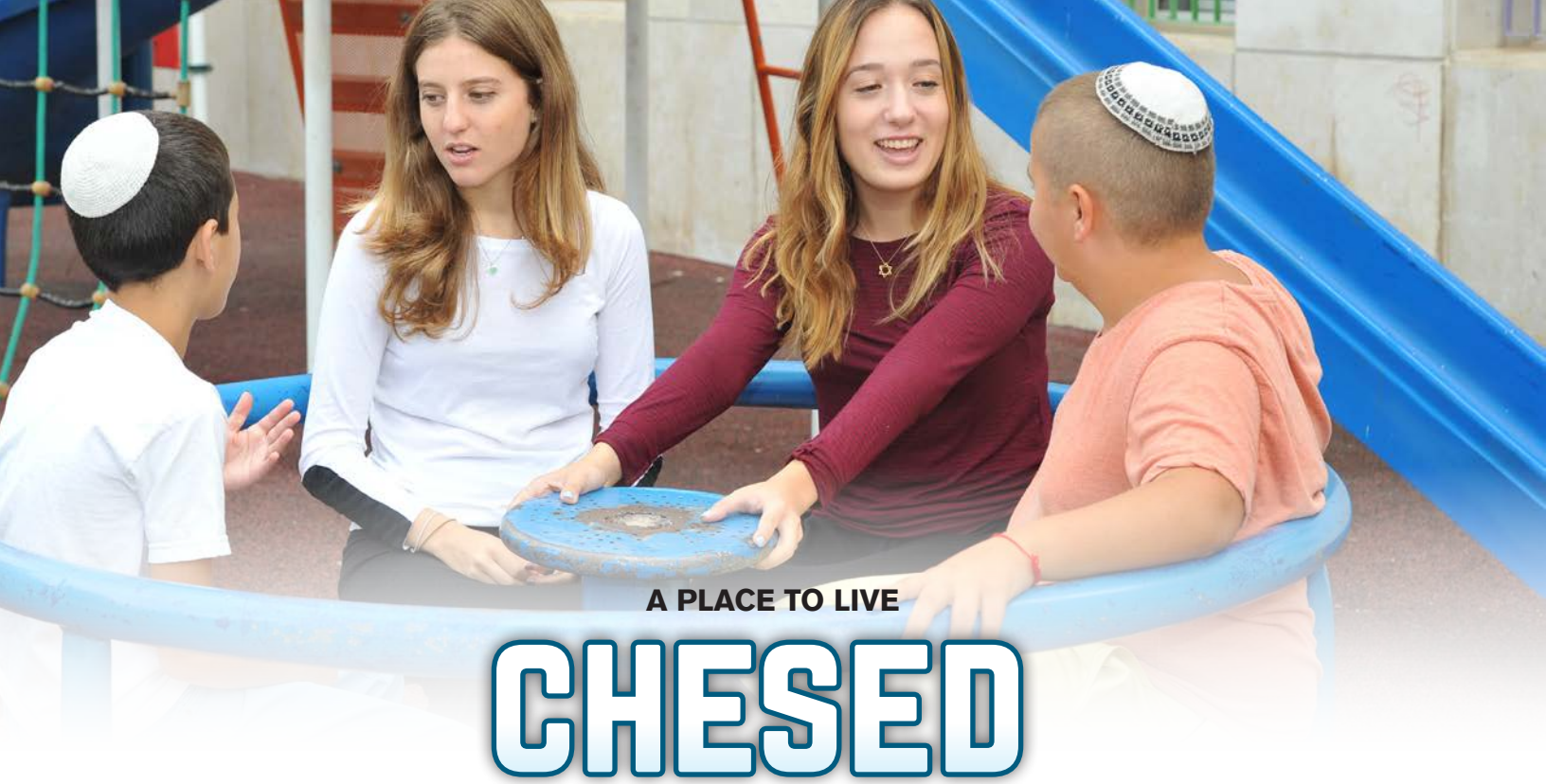
At Midreshet AMIT, you will appreciate the relevance of our tradition in today's society and develop a lifelong commitment to Torah.

In addition to the variety of exciting classes offered every week at Amit, there are numerous opportunities for additional learning. Monthly Yimei Iyun are dedicated to topics of interest such as Shemittah, Zionism, Modern Orthodoxy, Emunah and Holidays with text based shiurim, special speakers and experiential programming. Our Rosh Chodesh Scholar in Residence Lecture Series gives our students the opportunity to learn from some of Israel and America's most prominent leaders. Optional daily chavrutot with our staff allow our students to engage in learning one on one and focusing on topics of their choice.

Midreshet Amit offers a wide range of challenging classes that are a great fit for everyone. No matter what, the teachers are always there to help you with everything. The learning experience is incredible because of the warm environment and the amazing girls that attend the midrasha.

MARIAMME GARBER
Hewlett Neck, NY





A PLACE TO LIVE

CHESED

Midreshet AMIT provides unique opportunities for daily chesed. As you work with the children at Beit Haya'eled you will use your talent and creativity to design and lead innovative programs. With care and compassion, you will have the opportunity to help disadvantaged children with their academic and social challenges. You will become part of a "mishpachton" (foster family unit) helping to provide much needed shelter, structure and stability.

Additionally, you will work with talented and dedicated post high school Sheirut Leumi girls who have volunteered to spend a year of their lives helping the children at Beit Haya'eled. This entire project is supervised by a joint effort between the staff of Midreshet AMIT and the professionals at Beit Haya'eled, including educators, psychologists and therapists. Throughout the year, these professionals conduct periodic seminars to help you navigate the challenges that you encounter working with foster children. **By giving to others, your lives will be immeasurably enriched and you will develop the skills to become the leaders of tomorrow.**



One of the unique aspects of Midreshet Amit is that we are immersed in Israeli culture because we are living among the children of Beit Hayered, their Israeli foster parents and the Bnot Sherut who work with them. I've learned Hebrew my entire life but have never had the opportunity to use it daily like I am this year. I love speaking with the children every day and this has made my seminary experience so much more meaningful.

KINNERET BRAUN
Chicago, IL

Living in the same building as the foster children in Beit Hayered makes the Chesed component of Amit totally different from anywhere else. Our experience is enriched by the daily opportunity to spend a lot of time with the kids and develop strong bonds with them which in turn significantly enriches our year.

ZOE NADLER
Toronto, Canada

One of my favorite things about Amit is working with the kids in the Beit Hayered. Being able to make a difference in a child's life by helping with homework, playing together or even just saying hi in the hallways is unbelievable. They have already taught me so much and I'm so excited to spend the year with them.

TALIA HANNUNA
London, England



A PLACE TO LIVE

ISRAEL

At Midreshet AMIT you will not just spend a year in Israel, you will “Live Israel!” In addition to daily interaction with Israeli children and families at Beit Haya'eled, Tanach and Jewish History come to life as we explore the geography of Israel on our monthly tiyulim.

Shabbatonim in communities such as Yerushalayim, Gush Etzion, Tzefat and Beit Shemesh will expose you to the diverse populations of contemporary Israel.

The transition of Yom Hazikaron to Yom Haatzmaut was unbelievable. The whole country goes from intense sadness to extreme happiness and no matter what kind of Jew you are, you are part of this great transition. It's exceptionally emotional and empowering and was the highlight of my year at AMIT.

RACHEL GINDI

Los Angeles, CA



Additionally, we are part of a large network of 110 AMIT schools throughout the entire country renowned for their academic excellence and professionalism. Throughout the year, we visit some of the Amit schools in areas such as Sederot, Beersheva, Tzefat and Ashkelon and participate in special joint programs.

WEEK AT A GLANCE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
9:45 am Meeting	9:15 am Meeting	9:15 am Meeting	9:15 am Meeting	9:15 am Meeting
10:00 am Women in Jewish Law Advanced Tanach Around the Year	9:30 am Life Cycles Hilchot Shabbat Tehilim	9:30 am Women in Jewish Law Advanced Tanach Around the Year	9:30 am Michtav M'Eliyahu Iyov Hey 19! (Nach Survey)	9:30 am Life Cycles Hilchot Shabbat Tehilim
11:00 am Women in Jewish Law Women in Nach Ahavat Yisrael	10:30 am Introduction to Modern Jewish Thought Hilchot Kashrut Sheilot U'Teshuvot	10:30 am Women in Jewish Law Women in Nach Ahavat Yisrael	10:30 am Art of Tefilah Halachah and Medicine Inspiration in Everyday Life	10:30 am Introduction to Modern Jewish Thought Hilchot Kashrut Sheilot U'Teshuvot
12:00 pm Hilchot Shabbat 5 Megilot Relationships in the Torah	11:30 am Advanced Gemara Intermediate Gemara Power of Tefilah	11:30 am Hilchot Shabbat 5 Megilot Relationships in the Torah	11:30 am Jewish Philosophy Book Club Hilchot Brachot Development of Jewish Law	11:30 am Advanced Gemara Intermediate Gemara Power of Tefilah
1:00 pm Lunch & Break Mincha	12:30 pm Lunch	12:30 pm Lunch & Break Mincha	12:30 pm Lunch & Break Out of Building Chesed	12:30 pm Lunch & Break Mincha
3:00 pm LAB Torah & Science Creative Tanach Explore the Land (The Art of Tourguiding)	1:00 pm Mussar Va'ad	2:30 pm Shemot Exploring Tefilah History of Zionism	12:30 pm Lunch & Break Out of Building Chesed	2:30 pm Shemot Exploring Tefilah History of Zionism
4:30 pm AMIT Beit Hayeled	1:45 pm Jerusalem U- Israel Advocacy Open Beit Midrash Out of Building Chesed AMIT Beit Hayeled Chugim	3:30 pm Shoftim Rav Kook History of the Holocaust	3:00 pm AMIT Beit Hayeled	3:30 pm Shoftim Rav Kook History of the Holocaust
6:00 pm Dinner	3:30 pm AMIT Beit Hayeled	4:30 pm AMIT Beit Hayeled	4:00 pm Intro to Kaballah Sound of Torah Ulpan	3:30 pm AMIT Beit Hayeled
8:00 pm Night Seder	6:00 pm Dinner	6:00 pm Dinner	5:00 pm Aggadot Chazal Chassidut Ulpan	6:00 pm Dinner
	8:00 pm Night Seder	8:00 pm Night Seder	6:00 pm Dinner	6:00 pm Dinner
			8:00 pm Night Seder	6:30 pm Night Seder



ACADEMIC

AUGUST

Thursday, August 27

יב אלול

Arrival – Welcome to Israel!

Shabbat, August 29

יד אלול

Opening AMIT Shabbaton

Sunday, August 30-

Monday, August 31

טו - טז אלול

Student Orientation

SEPTEMBER

Tuesday, September 1

זין אלול

Yom Gibbush

Wednesday, September 2

יח אלול

Classes Begin

Thursday, September 3

כ אלול

Introduction to Selichot
Evening Activity

**Motzei Shabbat,
September 5**

כב אלול

Selichot Begin

Sunday, September 6

כב אלול

Chesed Orientation

Tuesday, September 8

כד אלול

Yom Iyun

**Monday, September 14-
Tuesday, September 15**

א - ב תשרי

Rosh Hashanah

**Wednesday,
September 16**

ג תשרי

Tzom Gedalia, AM Classes,
Selichot at Migdal Oz

Monday, September 21

ח תשרי

Pre Yom Kippur Retreat

**Wednesday,
September 23**

י תשרי

Yom Kippur Program in Beit
Hayed

Thursday, September 24

יא תשרי

Succot Yom Iyun,
No PM Classes

**Friday, September 25-
Tuesday, October 6**

יב - כה תשרי

Succot Vacation

OCTOBER

Thursday, October 1

יח תשרי

Open Sukkah Party

Wednesday, October 7

כד תשרי

Classes Resume

Thursday, October 8

כה תשרי

Pantry Packers

Friday, October 9

כו תשרי

Ein Gedi Tiyul

Shabbat, October 10

כז תשרי

Amit Shabbaton

Sunday, October 25

יב חשוון

Tiyul

NOVEMBER

Tuesday, November 10

כח חשוון

Kever Rachel

Thursday, November 12

ל חשוון

Discovery Seminar

Shabbat, November 14

ב כסלו

Mechanot Shabbaton

**Wednesday, November 18
- Thursday, November 19**

ו-ז כסלו

Tiyul to Golan

Thursday, November 26

יד כסלו

Thanksgiving Dinner
Program

Monday, November 30

יח כסלו

Israel Advocacy Trip

DECEMBER

DATES TBA

Beit Hayed Carnival,
Beit Hayed Festive Dinner

Sunday, December 6

כה כסלו

Chanukah Chagigah

**Sunday, December 6-
Monday, December 14**

כה כסלו - ב טבת

Chanukah

Monday, December 7

כה כסלו

Chanukah Yom Iyun

Tuesday, December 8

כז כסלו

Chanukah Staff Dinners

**Wednesday, December 9
- Sunday, December 13**

כז כסלו - א טבת

Chanukah Vacation

Monday, December 14

ב טבת

Chanukah Tiyul

Shabbat, December 19

ז טבת

Amit Shabbaton

Tuesday, December 22

י טבת

Assara B'Tevet
Yad Vashem

ALL dates and events are tentative and subject to change.
No vacations are permitted without permission from the school administration.



CALENDAR

JANUARY

Sunday, January 17

ז שבט
Yom Iyun

**Monday, January 18-
Tuesday, January 19**

ח - ט שבט
Tiyul to Eilat

**Wednesday, January 20-
Friday, January 22**

י - יא שבט
Winter Break

**Motzei Shabbat,
January 23**

יד שבט
Kedma Choir Competition

Sunday, January 24

טו שבט
Tu B'shvat Evening
Program

Friday, January 29

יט שבט
Trip to Tzfat

Shabbat, January 30

כ שבט
Amit Shabbaton in Tzfat

FEBRUARY

Thursday, February 4

כה שבט
Chesed Trip

Thursday, February 18

ט אדר א'
Tiyul

Shabbat, February 20

יא אדר א'
Amit Shabbaton

DATES TBA

Beit Hayed Party,
Beit Hayed Carnival
Celebration, Color War

MARCH

Thursday, March 10

ל אדר א'
Rosh Chodesh Activity

Friday, March 18

ח אדר ב'
Jerusalem Marathon

Shabbat, March 19

ט אדר ב'
Amit Shabbaton

Sunday, March 20

י אדר ב'
Yom Iyun

Wednesday, March 23

יג אדר ב'
Ta'anit Esther, AM
Classes Only

Thursday, March 24

יד אדר ב'
Purim Chagigah

Friday, March 25

טו אדר ב'
Shushan Purim,
Purim Seudah Brunch

Shabbat, April 2

כג אדר ב'
Amit Shabbaton

Tuesday, April 5

כו אדר ב'
Yom Iyun

APRIL

Thursday, April 7

כח אדר ב'
AM Classes Only
Pesach Vacation Begins

**Monday, April 11-
Monday, April 18**

כ - יג ניסן
Heritage Trip to Poland
(Optional)

**Sunday, April 10-
Tuesday, May 3**

כ-כה ניסן
Pesach Vacation

MAY

Wednesday, May 4

כו ניסן
Night Seder Resumes

Thursday, May 5

כז ניסן
Yom Hashoah

Sunday, May 8

ל ניסן
Trip to Har Herzl

Wednesday, May 11

ג אייר
Yom Hazikaron – Memorial
Program

Thursday, May 12

ד אייר
Yom Haatzmaut

Shabbat, May 14

ו אייר
Amit Shabbaton

**Monday, May 16-
Tuesday, May 17**

ז אייר ח - ט
Tiyul to Galil

Wednesday, May 25

יח אייר
Lag B'Omer Bonfire

Thursday, May 26

יח אייר
Lag B'Omer Trip

JUNE

**Wednesday, June 1-
Thursday, June 2**

כד-כה אייר
College Prep

**Monday June 6-
Wednesday June 8**

כט אייר - ב סיון
Beit Hayed Goodbye
Parties

Thursday, June 9

ג סיון
Closing Banquet

**Shabbat, June 11-
Sunday, June 12**

ה - ו סיון
Shavuot Program

Monday, June 13

ז סיון
Isru Chag
Flights must be after 11
PM

Wednesday, June 15

ט סיון
Dorm Closes
צאתכם לשלום





THE CAMPUS

Our comfortable dormitory is located in residential Gilo, a southern suburb of Yerushalayim. Each suite has a fully equipped kitchen, air conditioning, American washer/dryer, exercise equipment, internet access, and a lounge area. Three delicious meals are provided daily and the dormitory is open all year round.

You can choose to stay “home” for Shabbat with your Beit Hayeled family or enjoy hospitality offered by AMIT faculty and friends. The highest security is maintained with closed circuit surveillance cameras and a full time armed guard. Caring madrichot live on the premises and are available to help provide students with all of their needs.





OUR STUDENTS

AMIT STUDENTS ARRIVE FROM THE FOLLOWING HIGH SCHOOLS:

Beren Academy (Houston, TX)
 CHAT (Toronto, ON)
 Fuchs Mizrahi (Cleveland, OH)
 HAFTR (Lawrence, NY)
 HANC (Plainview, NY)
 Hasmonean High School (London, UK)
 Hillel Day School (Miami, FL)
 Ida Crown Academy (Chicago, IL)
 Maayanot Yeshiva High School for Girls (Teaneck, NJ)
 Magen David (Brooklyn, NY)
 Maimonides (Boston, MA)
 Melvin J. Berman Hebrew Academy (Potomac, MD)
 North Shore Hebrew Academy (Great Neck, NY)
 Rabbi Alexander S. Gross Hebrew Academy (Miami Beach, FL)
 Rae Kushner Yeshiva High School (Livingston, NJ)
 RAMAZ (New York, NY)
 SAR (Riverdale, NY)

Shalhevet (Los Angeles, CA)
 Stella K. Abraham High School for Girls (Hewlett, NY)
 Frisch (Paramus, NJ)
 Ulpanat Orot (Toronto, ON)
 Weinbaum Yeshiva High School (Boca Raton, FL)
 Westchester Hebrew High School (Westchester, NY)
 Yeshiva of Atlanta (Atlanta, GA)
 Yeshiva of Flatbush (Brooklyn, NY)
 Yeshiva of Greater Washington (Silver Spring, MD)
 YU High School for Girls (Queens, NY)
 YULA (Los Angeles, CA)



AMONG THE UNIVERSITIES OUR STUDENTS ATTEND ARE:

Bar Ilan University (Israel)
 Barnard College
 Boston University
 Brandeis University
 Emory University
 Fashion Institute of Technology
 Hunter College
 IDC (Israel)
 Johns Hopkins University
 London School of Economics
 New York University
 Parsons College
 Queens College
 SUNY Albany
 SUNY Binghamton
 Touro College
 UCLA
 University of Maryland
 University of Michigan
 University of Pennsylvania
 Washington University
 Yeshiva University - Stern
 College for Women





ADMINISTRATION



Mrs. Ilana Gottlieb
Director

A natural and highly regarded educator, Mrs. Gottlieb has served as director of Midreshet AMIT since 2009-2010. In addition to her administrative responsibilities, Mrs. Gottlieb's open-door policy and engaging personality enables her to develop close personal relationships with each of the students at AMIT. Mrs. Gottlieb earned a BA in Education summa cum laude from Stern College, as well as a Masters degree in Education and Administration from Azrieli Graduate School, where she was co-valedictorian. With her special combination of personal warmth and professional excellence, Mrs. Gottlieb is an inspiring leader and ideal role model for our students. Mrs. Gottlieb lives in Ramat Shilo with her husband and four children.



Rabbi Daniel Goldstein
Rav HaMidrasha

Rabbi Daniel Goldstein has been a faculty member at Midreshet AMIT since we opened our doors in 2007. Prior to making aliyah, Rabbi Goldstein served as the rabbi of Kingsway Jewish Center in Brooklyn, NY. Rabbi Goldstein received his BA from Yeshiva College, Semicha from RIETS, and an MA in History from Brooklyn College. With his wise academic guidance and genuine care for each individual, Rabbi Goldstein ensures that every student maximizes the opportunities available for her at AMIT. Rabbi Goldstein and his family live in Neve Daniel.



Mrs. Barbara Vidomlanski
Coordinator of Student Life

Mrs. Barbara Vidomlanski's round-the-clock guidance and good humor ensure that our students are happy and cared for 24/7. With innovative Shabbatonim, tiyulim, and chesed programs, Barbara – as she's known at AMIT – adds fun, exciting, and inspiring out-of-the-classroom components to the AMIT experience. Barbara earned her degree in education from Stern College and in addition to the various formal and informal educational positions she has held, she has spent many summers on staff at Camp Moshava. Barbara and her husband live in Ramat Shilo with their six children.

THE FACULTY

Our faculty is made up of Israel's most dynamic and caring educators. They have the special ability to make ancient texts relevant and meaningful. They are dedicated to the students and focused on creating lasting relationships. Our faculty are role models and represent an ideal synthesis of love of Torah, Am Yisrael and Eretz Yisrael.



Rabbi Donny
Besser



Mrs. Zahava
Bitter



Ms. Shirelle
Cohen



Rabbi Jonathan
Duker



Mrs. Pescha
Fischer



Mrs. Esther
Grossman



Mrs. Esther
Hammer



Mrs. Dara
Knapel



Rabbi Jason
Knapel



Rabbi Noam
Koenigsberg



Mrs. Miri
Kwalwasser



Mrs. Adina
Mann



Reb Norman
Meskin



Rabbi Rafi
Rosenblum



Mrs. Devorah
Starr



Mrs. Geula
Twersky



Rabbi Michael
Unterberg



Rabbi Shalom
Weisberg



Rabbi Aharon
Wexler



Ms. Shoshana
Grad



Ms. Lauren
Levy



Ms. Dina
Turk



Mrs. Chana
Weissler





MIDRESHET AMIT

9 Hashayish St ▪ Jerusalem, Israel 93841

T: 02-6450435 ▪ USA T: 646-484-8982 ▪ F: 02-6767822

www.midreshetamit.org



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