

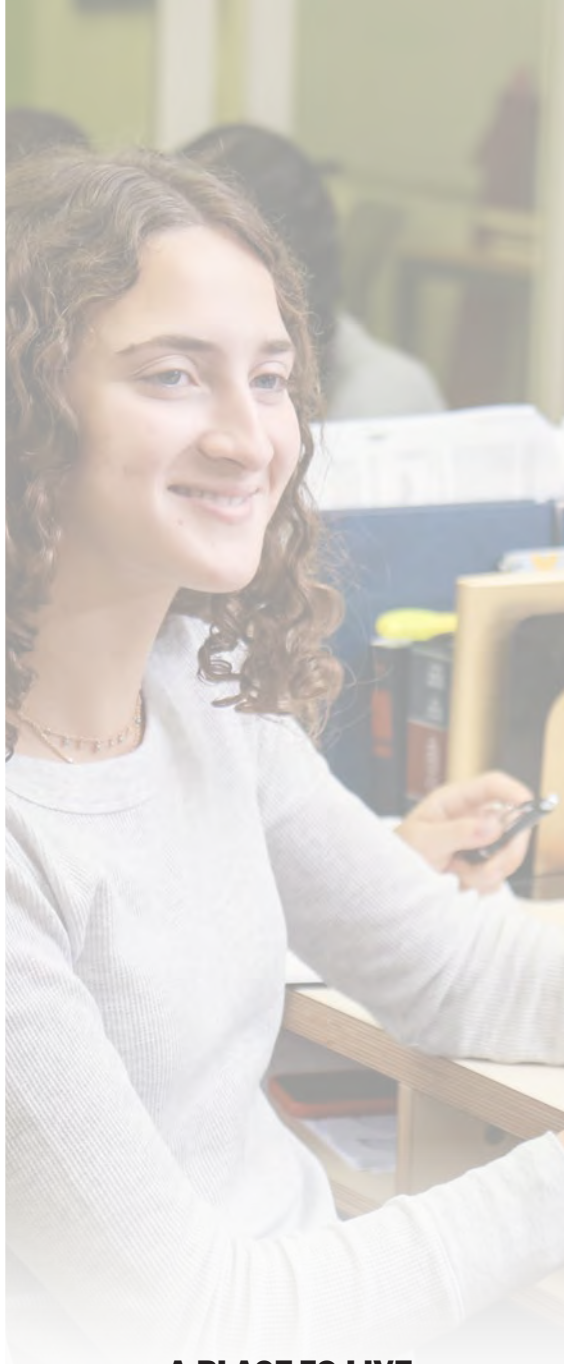


MIDRESHET AMIT

TORAH · CHESED · ISRAEL







A PLACE TO LIVE

TORAH

At Midreshet AMIT you will spend your day learning, questioning, and growing in Torah. From interesting and challenging classes to guided chavruta study, your year will be packed with learning geared to help you develop a lifelong connection to Torah.



A PLACE TO LIVE

CHESED

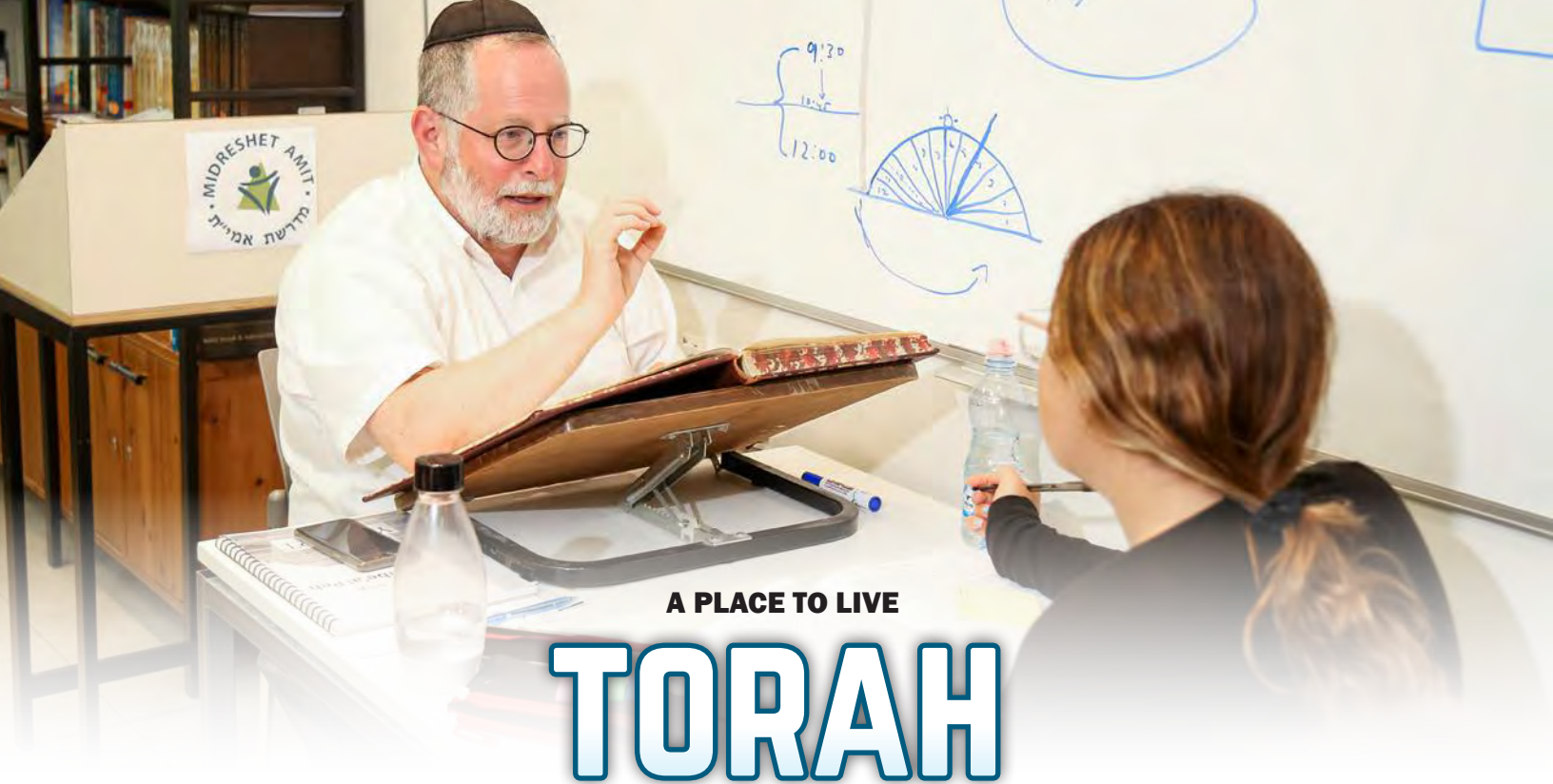
Our home is in the Alfred M. and Frances Frisch Beit Haya'eled, AMIT's well known foster home for disadvantaged youth. You will spend each day teaching, playing and caring for some of Israel's most needy children. As a "big sister" you will be challenged to give of yourself in a way you have never experienced before and you will be transformed in the process.



A PLACE TO LIVE

ISRAEL

Your connection to Israel will be deepened through the unique experience of living and interacting with dedicated Israeli couples and committed Sherut Leumi young women. Through adventurous tiyulim, you will travel the length and breadth of Israel, learning about our history and gaining a greater appreciation for the State of Israel.



A PLACE TO LIVE

TORAH

The courses of Midreshet AMIT are designed to challenge and guide you as you develop your skills and knowledge. A wide variety of intermediate and advanced classes on topics such as Tanach, Halacha, Hashkafa and Jewish History are offered.

Mornings include time spent in the Beit Midrash preparing texts and researching fascinating subjects under the supervision of caring and knowledgeable teachers. Our regular schedule is enhanced by special events and guest speakers.

At Midreshet AMIT, you will appreciate the relevance of our tradition in today's society and develop a lifelong commitment to Torah.

The learning is so diverse and well rounded. I love making my own schedule from such a broad and fascinating large selection of classes. Every corner of Judaism and life in Israel is covered in our weekly schedule. From Tanach to Hilchot Shabbat to 21st century Zionism – our Rabbis and teachers make our lessons so interactive and are always there to answer our questions.

SOPHIE JACKSON
London, England


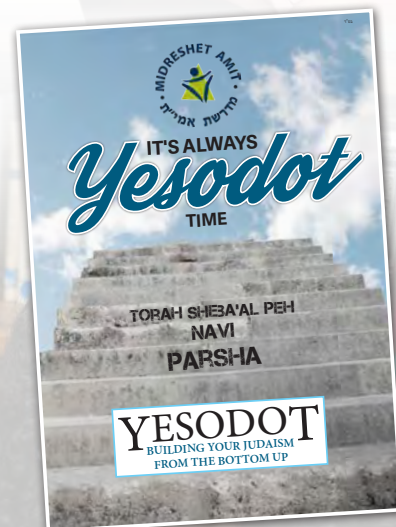
In addition to the variety of exciting classes offered every week at AMIT, there are numerous opportunities for additional learning. Educational Seminars throughout the year are centered around topics such as Zionism, Modern Orthodoxy, Emunah and Holidays with text based shiurim, special speakers and experiential programming. Our students have the opportunity to learn from some of Israel and America's most prominent leaders through special guest lectures which take place throughout the year. Optional daily chavrutot with our staff allow our students to engage in learning one on one and focusing on topics of their choice.





THE BEIT MIDRASH

Part of growth in learning is the ability to learn on your own. The Beit Midrash period, known as Beis, gives students the opportunity to engage their own learning in the context of an energetic and dynamic learning community. Part of Beit Midrash learning at AMIT is the Yesodot initiative. Yesodot incorporates Tanach, Halacha and Parsha and allows you to engross yourself in fundamental texts, acquiring essential Jewish literacy and while growing in your ability to learn on your own. A weekly Yesodot quiz for prizes adds a fun dimension to the weekly learning.



The Beis is an amazing place to go in the morning to daven and get your day started. There are so many different sefarim that teachers are excited to learn with you throughout the week. It's also a great place to continue learning after night seder. I love my "makom" which is tucked into a cozy corner – it is a calm and quiet place where I can reach my goals this year.

ABI SAUBER
Brooklyn, NY



MRS. REBECCA KLEIN
Rakezet



MRS. GABI SIEGEL
Rakezet



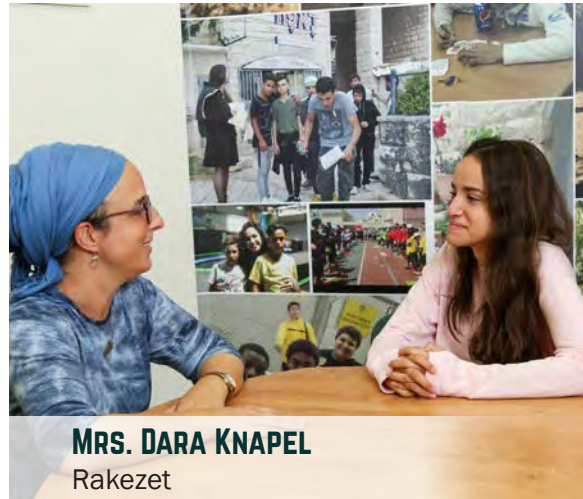
MRS. AVIVA SLUCKIS
Rakezet

OUR RAKAZOT

Our rakazot provide our students with the religious and spiritual guidance necessary to reach and even exceed their goals. By learning with the girls one on one or in smaller groups (chubura style), the rakazot develop close and meaningful relationships with each and every AMIT student. The Beit Midrash is the center of spiritual life at AMIT. It is a place to learn independently or to learn b'chavruta with a staff member or a friend. It is a place to daven and meet one on one with our rakazot, our madrichot and our faculty. It is a place for quiet contemplation. Most of all, it's a place to connect with people who want to grow just like you.



MRS. SEPHA KIRSHBLUM
Rakezet



MRS. DARA KNAPEL
Rakezet



At Amit we are all privileged to meet regularly with a Rakezet to discuss how our week is going and debrief about anything. We know that no matter what comes our way, they will be there to help us adjust, hang out in school or host us in their homes. We are so glad to have them as our teachers, mentors and friends!

BROOKIE AND LEAH
Boston, MA



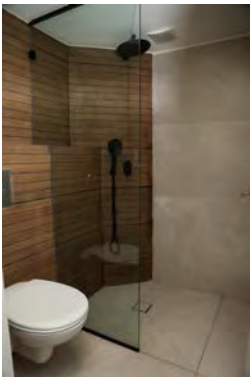
THE CAMPUS

Our campus is located in the Gilo neighborhood, at the southern tip of Yerushalayim. Our newly remodeled dormitory offers a high level of modern comfort. While three meals are provided daily, students can feel free to use the fully equipped kitchen, ovens and refrigerators which are in each apartment to create their own home-cooked specialties. The dorms are airy, open, sunny and new, each featuring new windows and shades, air conditioning units, washer/ dryer, internet access and comfortable furniture. Students may use the exercise equipment, or

gather in the “common room” with its inviting couches for some interesting conversation or just to hang-out. Caring madrichot live on the premises and are available to help provide students with all of their needs. You can choose to stay “home” for Shabbat in our dorms with friends and the extended Beit Haya'eled family or enjoy the hospitality of family, friends and AMIT faculty. Security is a priority at AMIT. Security is maintained by an armed guard 24/7 as well as with a closed circuit surveillance camera system monitoring the entire campus.



THE NEW DORMS



ACTIVITIES AT AMIT

UPCOMING EVENTS

LIVE TORAH. LIVE CHESSED. LIVE ISRAEL.

LEKET ISRAEL:
Tuesday, November 9

SHALVA:
Wednesday, November 10

NEFESH B'NEFESH:
Sunday, November 14

**MIDRESHET AMIT
ANTI-SEMITISM
WORKSHOP**

**PREPARATION FOR YOUR
RETURN TO THE DIASPORA**

Wednesday, June 8, 2022

**Challah Bake
for Beit Haya'el**

Wednesday Chessed
September 21, 2022
11:00 am | Cheder Ocheil
PLIVECHESSES

Join us on
Tuesday night,
January 4

In the AMIT Beit
Midrash

For all night
shulchan, chazarot,
chabrut and more

Ending the night
with a special
Vatikin Tefila at the
Kotel

**ALL NIGHT
LEARNING**
in memory of Daniella Pfeffer
דניאלה נחמה ד"ר

הישיבה והמצוות

TEHILA - MIKVEH - CHALLAH
Women and Our Unique Nitzvot

Bread workshop
Tour of Alon Shvut Mikveh
Schmooze with Yoetzet Halacha
Mincha at Maarat Hamachpela
Meet the Inspirational Santa Malka

MONDAY OCT. 31 LEAVING AT 9 AM RETURNING AT 5 PM

Selichot at the Kotel

Join Am Yisrael for a meaningful
night of Tefilla

Motzel Shabbos
September 17, 2022
Bus leaving AMIT at 12 AM

Sign up with Bina

This is an optional trip, for those not joining
there is regular 12:30 curfew.

Midreshet Amit invites you to
join at our annual

**BEIT HAYELED
CHANUKA CHAGIGA**

4:30 PM Candlelighting and presents
with your group
5:30 PM Drums party
6:45 PM Festive dinner
10:15 PM Glow in the dark dance party

Thank you to the Binyan Family for sponsoring Lotzkes and Subjunks!

YOUR MADRICHT are EXCITED TO INVITE YOU TO:

**CHANUKIYA
MAKING**

Sunday, December 6 at 6:30 pm in the
Cheder Ocheil

Amit Coffee Club

Sunday at 9:30 AM with Sophia in the back of the Kotel
Enhance your Tefilla with an in-depth study of Tefilla Shmoneh Esrei

**Cheer up with
Chocolate**

This Monday
January 31, 2022

Trip to the
Chocolate factory!

**KFAR CHABAD
MEGA MEGAMA TRIP**

**INSPIRATION AND
INFORMATION
FROM THE
CHABAD
COMMUNITY**

WED. MAY 25TH

Midreshet Amit

SHAVUOT

6:49 pm- Candle lighting
7:20 pm- Tefila Arvit on the roof
8:00 pm- Seudat Hachag (Dairy meal)
10 pm- 5:30 am- All night learning in honor
of Matan Torah!
5:40 am- Vatikin Tefila on the roof
Breakfast
GET SOME SLEEP!
2:00 pm- Wake up
2:30 pm- Seuda (Meat meal)
4:15 pm- Mincha
4:30 pm- Peula with Madris on the roof
Kumtitz
8:10 pm- Havdala

**THURSDAY
NIGHT
MISHMAR**

With Rav Rafi Rosenblum

Join us for an inspiring
and uplifting evening.

Thursday,
September 15, 2022
After night seder
8:45 PM

Guest Torah and Basmot
Seder (delivered)

SHABBAT PARASHAT BERESHIT

FRIDAY NIGHT

SHABBAT & DAY

Join us for an inspiring evening with Rav Rafi Rosenblum

**WINTER
ZMAN
BEGINS**

with Bina

HOME MADE SOUP AND FUN

Wednesday,
Nov. 2

4:45 PM PM LEAVES
AMIT

**First
Megama
Outing**

WEDNESDAY, SEPTEMBER
14, 2022
LEAVING AMIT AT 1:30 PM

NINE THROUGHTS THE JUDAN
DESCEND BY NACHAL PRAT

PLEASE BRING WATER CLOTHES,
COMFORTABLE SHOES, WATER
SHOES, LEGGINGS, 15 L
BOTTLE OF WATER, A HAT AND A
CHANGE OF CLOTHES

**MISHMAR WITH
MRS. GOTTLIEB**

DATING

THURSDAY NIGHT 8:45 PM
IN THE BEIS

Rosh Chodesh Kislev

VATIKIN AT THE KOTEL

THURSDAY MORNING
BUS LEAVES AMIT @ 5:15 AM

TO RESERVE A SPOT ON THE BUS
TALK TO BINA

**A Personal
Journey**

Tells Story

TONIGHT!!
Special Guest
May 15, 2022
י"ד אייר תשפ"ב
at 8:00 PM
In the Beis

**MIDRESHET AMIT
AND BEIT HAYELED**

**Opening
Water Carnival**

Sabbath, September 18, 2022
4:00 PM - 10:00 PM Cheder Ocheil, Cheder

Get excited for
Midreshet Amit's:

**GALIL
TRIP**

Oct. 19-20

Including: water hikes, Kfar
Kedem, Rosh Hanikva, fun
night activity, donkey rides

TZFAT SHABBATON

Two women sitting at a table with food.

**CHALLENGE
YOURSELF**

Finish a mesechet
in only 30 days!

Learn Mesechet Taanit
along with all of Am
Yisrael following the Daf
Yomi calendar.

Starting
November 14

Special shur will be given weekly
by staff on Sundays.

Midreshet Amit

MIDRESHET AMIT

**MEGAMOT TRIP TO
TEL AVIV**

FEBRUARY 9, 2022

BUS LEAVING AMIT AT 1:00 PM

WITH:
RAV AMOS
RAV RAFI
MRS. FISHER

AMIT

**JOIN MIDRESHET
AMIT THIS YEAR
AS WE RUN IN THE
JERUSALEM
MARATHON**

ALL FUNDS
RAISED WILL
SUPPORT BEIT
HAYELED
CHILDREN

Friday, March
25, 2022

More details to come

**SPIRITUAL
PESACH PREP
YOM IYUN**

SUNDAY, MARCH 27

10:00 - 11:30 AM REGULAR CLASSES
11:45 AM - 12:30 PM EXPLORING THE
MEANING OF PESACH
12:30 PM HAGGADAH SALE
LUNCH BREAK
2:30 - 3:15 PM WHAT IS THE HAGGADAH?
3:15 - 4:00 PM WRITE YOUR OWN DURET
TORAH. BEIS LEARNING
4:00 PM MINCHA
4:15 PM PRESENT YOUR DURET TORAH AND
LEARN FROM YOUR PEERS

MIDRESHET AMIT WELCOMES

**Rebbeitzin
Meisels**

MEGAMOT INSPIRATIONAL
SPEAKER

WEDNESDAY, FEBRUARY 23, 2022

כ"ב באדר א' תשפ"ב

MIDRESHET AMIT

**TEAM
BUILDING
"ODT"**

Sunday, September 11th
2:30 P.M.

Please bring water bottles, snacks,
fluffy skirt, leggings, and sneakers.

SEE YOU THERE!





Midreshet AMIT provides unique opportunities for daily chesed. As you work with the children at Beit Hayered you will use your talent and creativity to design and lead innovative programs. With care and compassion, you will have the opportunity to help disadvantaged children with their academic and social challenges. You will become part of a “mishpachton” (foster family unit) helping to provide much needed shelter, structure and stability.

Additionally, you will work with talented and dedicated post high school Sheirut Leumi girls who have volunteered to spend a year of their lives helping the children at Beit Hayered. This entire project is supervised by a joint effort between the staff of Midreshet AMIT and the professionals at Beit Hayered, including educators, psychologists and therapists. Throughout the year, these professionals conduct periodic seminars to help you navigate the challenges that you encounter working with foster children. **By giving to others, your lives will be immeasurably enriched and you will develop the skills to become the leaders of tomorrow.**





Our students also have one morning a week where they have the opportunity to volunteer off campus at a variety of locations throughout Jerusalem. Each student can choose their placement and enjoy the volunteer experience even more!



AMIT guides you to reach your greatest potential. Several different chesed opportunities around Yerushalayim are offered which allow you to learn more about yourself. But that is not all! During my time on our Beit Hayedel campus I am able to create a relationship and learn from my “buddy.” Idan has given me insight on things I never even considered before. This has given me the opportunity to gain for myself while giving to others– something which does not come easy. Coupled with this, the faculty goes above and beyond to help support all of the students, and make us feel comfortable – it makes me feel at home! What makes AMIT stand out the most to me isn’t just the Chessed, the amazing classes, the great staff and the endless opportunities for growth, but rather the environment that allows me to continue to strengthen myself in a “home” that welcomes all.

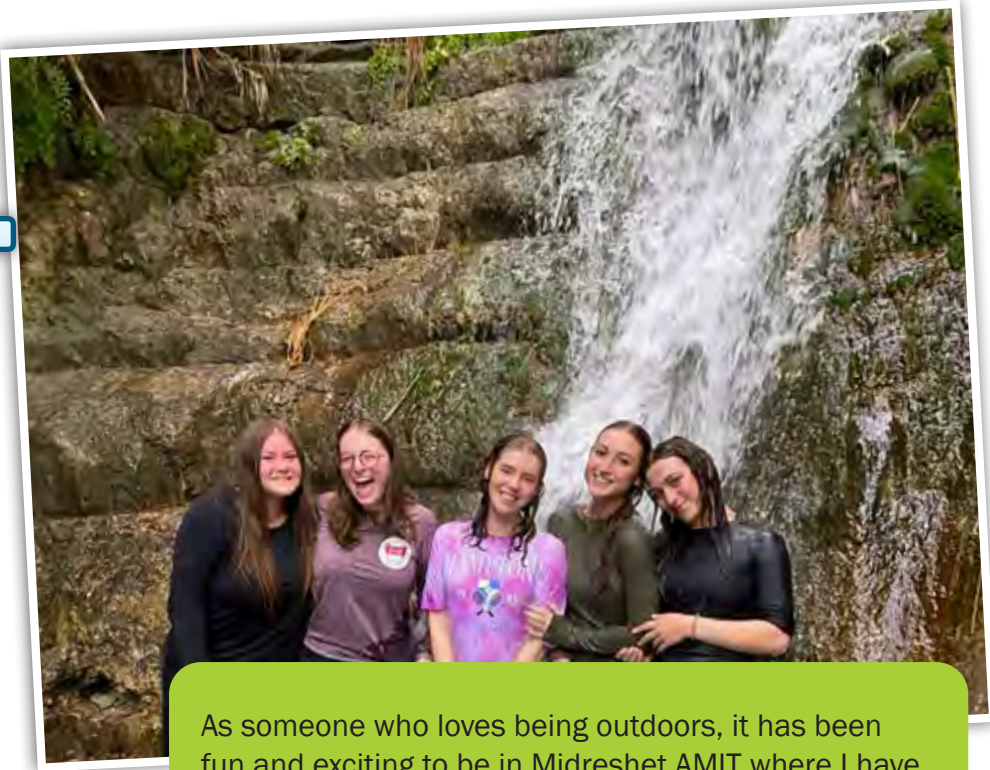
HADAS HADDAD
Los Angeles, CA



A PLACE TO LIVE

ISRAEL

At Midreshet AMIT you will not just spend a year in Israel, you will “Live Israel!” In addition to daily interaction with Israeli children and families at Beit Hayered, Tanach and Jewish History come to life as we explore the geography of Israel on our monthly tiyulim. Shabbatonim in communities such as Yerushalayim, Gush Etzion, Tzefat and Beit Shemesh will expose you to the diverse populations of contemporary Israel.



As someone who loves being outdoors, it has been fun and exciting to be in Midreshet AMIT where I have so many opportunities to explore the land of Israel. Although the year has just begun, we have already gone on the adventurous Ein Prat water hike, picked vegetables for the needy, explored Ein Gedi, davened at kever Rachel, swam in the Dead Sea (in the rain) and went to the Galil on an overnight. It's a great balance of learning amazing Torah in class and then seeing that Torah come to life in the holy land of Israel.

ELIANA WEINSTOCK

Englewood, NJ



Additionally, we are part of a large network of 110 AMIT schools throughout the entire country renowned for their academic excellence and professionalism. Throughout the year, we visit some of the AMIT schools in areas such as Sederot, Beersheva, Tzefat and Ashkelon and participate in special joint programs.



It's my first time in Israel and coming to Amit is really helping me explore our land. With all the different shabbatonim, tiyulim and chesed opportunities that we have - I know that I will have the opportunity to see the beauty and diversity of Eretz Yisrael.

JACKIE ZIDE
Teaneck, NJ





WEEK AT A GLANCE

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

BLOCK 4 • 9:00-9:50

Soul of Shabbat
Navigating Tefila
WIJL
Yona and other Angry
Prophets

TEFILA & BREAKFAST: 9:50-10:15

BLOCK 1 • 9:00-9:50

7 Habits
Life Cycles
Kashrut
Tanya

TEFILA & BREAKFAST: 9:50-10:15

BLOCK 1 • 10:00-10:50

7 Habits
Life Cycles
Kashrut
Tanya

BLOCK 2 • 10:55-11:45

Tanach's Greatest Hits
Avot U'Banot
Simcha and Emunah
WIJL

BLOCK 3 • 11:55-12:45

Between the Lines
Around the Year
Rebbe Nachman's Soul
Significance of Clothing

BLOCK 5 • 10:15-11:05

Best Supporting Actors
Soul of Tanach
Be Holy
Mishlei

11:10-11:50 YESODOT / CHAVRUTA

BLOCK 6 • 11:55-12:45

The Spiritual Writings of
Rav Kook
Shutim
Tehilim
The Truth that Lies Within

BLOCK 2 • 10:15-11:05

Tanach's Greatest Hits
Avot U'Banot
Simcha and Emunah
WIJL

11:10-11:50 YESODOT / CHAVRUTA

BLOCK 3 • 11:55-12:45

Between the Lines
Around the Year
Rebbe Nachman's Soul
Significance of Clothing

CHESED VOLUNTEERING - OFF CAMPUS

BLOCK 4 • 9:00-9:50

Soul of Shabbat
Navigating Tefila
WIJL
Yona and other Angry
Prophets

TEFILA & BREAKFAST: 9:50-10:15

BLOCK 5 • 10:15-11:05

Best Supporting Actors
Soul of Tanach
Be Holy
Mishlei

11:10-11:50 YESODOT / CHAVRUTA

BLOCK 6 • 11:55-12:45

The Spiritual Writings of
Rav Kook
Shutim
Tehilim
The Truth that Lies Within



SUNDAY

MUSSAR • 2:30-2:50
BLOCK 7 • 2:50-3:35

The Shoah
Inspirational Women in
Tanach
Chasidut and Psychology

MONDAY

BLOCK 9 • 2:30-3:15

Science Meets Torah
Michtav M'Eliyahu
Hilchot Shabbat

TUESDAY

BLOCK 12 • 2:30-3:15

Hashem! Where are You?
Lost in Translation -
the Thought of Rabbi
Jonathan Sacks
Around the Torah

WEDNESDAY

SHIUR KLALI
2:30-3:15

THURSDAY

BLOCK 9 • 2:30-3:15

Science Meets Torah
Michtav M'Eliyahu
Hilchot Shabbat

BLOCK 8 • 3:40-4:25

Issues in Modern
Orthodoxy
Iyov
A Day in the Life

BLOCK 10 • 3:20-4:05

Witches, Wenches and
Wise Women
Gemara, Just Do it!
Hilchot Shabbat

BLOCK 13 • 3:20-4:05

Unlock Your Potential
21st Century Zionism
A Kabbalistic Approach to
Mitzvos

MEGAMOT
3:30-5:00

BLOCK 10 • 3:20-4:05

Witches, Wenches and Wise
Women
Gemara, Just Do it!
Hilchot Shabbat

ANNOUNCEMENTS:
4:25

MINCHA & SNACK:
4:05-4:20

MINCHA & SNACK:
4:05-4:20

SIACH
6:45-7:45

MINCHA & SNACK:
4:05-4:20

BLOCK 11 • 4:20-5:00

What Must a Jew
Believe? (If anything)
Survey of the 613
Supernatural Beings

BLOCK 14 • 4:20-5:00

The Ups and Downs of
2500 Years
Building Yourself Through
Mesilat Yesarim
Chovat HaTalmidim

BLOCK 11 • 4:20-5:00

What Must a Jew Believe? (If
anything)
Survey of the 613
Supernatural Beings

5:00 BEIT HAYELED VOLUNTEERING – ON CAMPUS

BLOCK 18 • 8:00-8:45

The What and Why of Tefila
Songs of the Soul
Inspiration from the
Rambam

BLOCK 18 • 8:00-8:45

The What and Why of Tefila
Songs of the Soul
Inspiration from the
Rambam

BLOCK 20 • 8:00-8:45

Life Hacks
Parsha Insights
The World and Thought of Rav Kook

BLOCK 19 • 8:50-9:30

Gemara Challenge
Kol Dodi Dofek
It's Personal
Your Relationships through
Tanach

BLOCK 19 • 8:50-9:30

Gemara Challenge
Kol Dodi Dofek
It's Personal
Your Relationships through
Tanach

BLOCK 21 • 8:50-9:30

Art of Reflection
A Torah Philosophy of Self
Improvement
Timely Lessons from Timeless Texts
Parsha in Hebrew! (You are in Israel,
after all)

MISHMAR • 9:45





WEEKLY CLASSES

TANACH

BLOCK 2: TANACH'S GREATEST HITS

The Tanach has so many incredible messages to teach us through the myriad of stories and lives it describes, and so many of those ethics and morals are recounted in Pirkei Avot. Together, in this unique course which combines Pirkei Avot with Tanach, we will learn about different parts of Tanach and see how each story can so eloquently teach us by example the lessons of the Mishna and the ideals by which we should shape our own personal lives today.

BLOCK 3: BETWEEN THE LINES

The Torah reveals very few relatable details of the lives of the men and women who shaped Jewish heritage, and we are used to viewing Torah characters as purely symbolic and instrumental figures. In this course, we explore these well-known characters from a unique, more humanistic perspective—delving into their emotional complexities and psychological nuances. We will dig deeper and try to better understand the personal struggles, triumphs and idiosyncrasies of these integral Biblical personalities.

BLOCK 3: THE SIGNIFICANCE OF CLOTHING IN TORAH AND HALACHA

The clothing we wear has become a widespread topic of conversation, particularly for women today. The goal of this course is to gain a sense of a Torah perspective on this conversation- starting from texts about clothing in Tanach and extending to the basics of practical הלכות צניעות. We will work together to develop an authentic outlook on the significance of clothing in our own lives through the analysis of various texts and discussions.

BLOCK 4: THE YONA (6 OTHER ANGRY PROPHETS)

If Hashem sent you a text message, would you delete it or read it? Well, guess what people, HE DID! This class lets you learn, own and conquer an entire book of Tanach. The book of Yona tackles the fascinating issue of a Navi who didn't want to be a Navi! What was he thinking? What pushed him to run? Where did he think he was going? Why didn't he listen to Hashem. Through this book, we will discover issues that deal with the way we as individuals and a nation relate to Hashem.

BLOCK 5: BEST SUPPORTING ACTORS

In every story or narrative, there are the main characters and the

secondary characters. The secondary characters or the supporting actors are not only interesting, but they are also often the key to understanding an entire biblical story. In this class, we will delve into the stories in Tanach, focusing on the development and personalities of the "supporting actors" and discovering who they really were.

BLOCK 5: THE SOUL OF TANACH

The world of the Tanach is full of stories that have inspired the Jewish people throughout history. The goal of this course is twofold. One: To give a person an overview of the main stories throughout the Tanach. Two: To help a person uncover the soul of these stories and how they relate to our own lives.

BLOCK 5: THE BOOK OF MISHLEI

Of all the books of Tanach, Mishlei is one of the most esoteric. What did Shlomo Hamelech have in mind when he said "In all your ways acknowledge Him, and He will make your paths straight (Mishlei 3,6)"? Or, "He who scorns a word will cause himself injury, but he who reveres a commandment will be rewarded"? If you ever wanted to understand these sayings and more, then this class is for you. We will try to uncover the depth and wisdom of Shlomo Hamelech in a way that we can take practical lessons that will impact our lives.

BLOCK 5: BE HOLY!

Relationship guidelines in society, fascinating business ethics, sexual morality, how to relate to ourselves, the world around us and most importantly G-d; Parshat Kedoshim has it all! We will look at these topics in depth from the Torah's perspective as we learn parshat Kedoshim. This course will show us what it actually means to be a 'holy' Jew living in today's world and appreciating the Torah mitzvot that create that framework for us and just how relevant they are for us today.

BLOCK 6: EXPLORING SEFER TEHILLIM

Sefer Tehillim is a timeless work full of spiritual guidance and essential wisdom. In this class will study and analyze selected chapters, discover their meaning and message and their relevance to our lives. We will cover the psalms which are well known (including those that appear in our daily tefillot) as well as those less known which contain treasures waiting to be discovered. The insights of Tehillim will help us comprehend the ways of Hashem and develop our own potential as a Jew.

BLOCK 7: INSPIRATIONAL WOMEN IN TANACH

In this course, we will study various female characters and archetypes in Tanach. Through text analysis and discussion, we will discover many unique aspects of the female personalities, both those who are familiar to us and some who are more obscure. We will apply what we learn to our own behavior and the way we view our role in the world around us.

BLOCK 8: IYOV: PERSPECTIVES ON SUFFERING

Iyov is known to be one of the most challenging books of Tanach. Known for intricate language and deep philosophical questions, it is much more than a book about 'why bad things happen to good people.' This course will allow the student the opportunity to explore the depth and beauty of this complex book. Learning Sefer Iyov is a way to learn about the bigger picture of life. What is the purpose of this story? Is there meaning to life's challenging events? How do we cope when life doesn't go as planned?

BLOCK 11: SURVEY OF 613 MITZVOT

We are familiar with the idea that there are 613 mitzvot, but have you ever wondered where that number came from? And why are there so many mitzvot? Can't we just have a few that we perfect instead? Is living in Israel a mitzvah? How about davening? Where does the mitzvah of chesed come from? How much Torah does one need to learn every day? In this class, we will look at what the Rishonim (Rambam, Ramban, Smag...) considered as part of the 613 mitzvot and we will try to learn more about a selection of those mitzvot (what to do, when to do them, who needs to do them...)

BLOCK 19: YOUR RELATIONSHIPS THROUGH TANACH

What better way is there to figure out how life relationships should look than through the world's best blueprint? Through stories in Tanach, we'll explore what our relationship with our parents, siblings, and friends should look like. We'll also explore both positive and negative traits in addition to specific values within those relationships.

BLOCK 19: IT'S PERSONAL: PARSHA PERSPECTIVES

Each week's parsha holds powerful messages that are keys to our self development, growth, and refinement. Learn about yourself, your character, and your potential for greatness as we dive into the Parsha with a personally relevant perspective.

BLOCK 20: PARSHA INSIGHTS

The goal of this class is to glean moral instruction and personal inspiration from the weekly Parsha. We will discuss some central ideas of the weekly Parsha with the intention of better understanding who we are, what we believe, and how we practice.

BLOCK 21: TIMELY LESSONS FROM TIMELESS TEXTS

An exploration of the weekly Parasha" Each week we will do a deep-dive into themes and lessons of the parasha, through the prism of classic and contemporary commentary, to uncover insight and inspiration for our lives today.

BLOCK 21: PARSHA IN HEBREW (YOU'RE IN ISRAEL, AFTER ALL!)

Wouldn't you love to join the conversation of the Jewish people? Every week all Jews has something in common. We all learn the same Parsha. The same inspiring ideas, values, morals, and stories are all shared amongst us. What better way to learn the Parsha than in Lashon Hakodesh (The Holy Language- Hebrew). This class will aim to strengthen your conversational Hebrew as well as give you a real understanding of the week's Parsha.

GEMARA & CHAZAL

BLOCK 2: AVOT & BANOT

"If I am only for myself, who am I?" "Say little and do much!" You are probably familiar with Pirkei Avot. It is one of the best known and most cited of Jewish texts. This beloved mesechet serves as one of the central pillars of Jewish values and thought. In this course, go on a journey through this profound work. Pirkei Avot—E hics of our Fathers is a book of morals, guiding us on how to live a true meaningful life. We will use the text and explain with stories and parables to bring it to life.

BLOCK 10: GEMARA: JUST DO IT!

FACT: The Gemara is the central work of Judaism. Everything you'll ever learn has a source in the Gemara. The purpose of this course is to provide the student with an understanding of the Gemara as that central text. Students will be able to understand specific concepts and see how the Gemara develops ideas, differentiates between different Halachos and comes to a conclusion (sometimes.) Classroom discussion, leading to expansion of the sugya, will be an important part of the course.

BLOCK 10: WITCHES, WENCHES AND WISE WOMEN: WOMEN IN THE EYES OF CHAZAL

In this course we will explore how women were viewed by the Rabbis in the time of the Talmud. We will study the topics of Women and Talmud Torah with a spotlight on Bruria, Women and Mitzvot with a spotlight on Yalta, Women and Magic-Witches in the Talmud, Women and Leadership, Creation of Women and the story of Lilith, Women and Kfira with a spotlight on conversations with the Matrona (a very interesting woman you'll want to hear about.) This course will be texted based using various gemaras and articles but will also include movie clips.

BLOCK 19: THE GEMARA CHALLENGE

Making a siyum on a Gemara is one of the biggest challenges you can take on in your seminary year. Are you up for it? The focus of this class is to finish an entire masechet of Gemara together. Heavily text based and requires motivation and focus, although no prior experience to Gemara is necessary. Go for it!

HALACHA

BLOCK 1: KASHRUT ON CAMPUS (AND AT HOME, TOO.)

Keeping kosher is one of the pillars of Jewish observance, and understanding the principles of Kashrut and knowing how to apply them is paramount to living a full Jewish life. The college dormitory presents particular challenges in this regard. This course will provide an overview of the principles of kashrut, with special emphasis on issues that are likely to arise and emphasis the practical laws and issues pertaining to the maintenance of a kosher home. Topics will cover the basics of the laws of milk and meat, keeping a kosher kitchen, and common applications

BLOCK 1: LIFE CYCLES

From Birth to Death, Jewish life is full of rituals and customs. Ever wonder why people put all their jewelry around the baby at a פידיו הבן? Do you say "ברוך שפטרני" on a Bat Mitzvah? Wonder why a Kallah walks around the Chatan 7 times? In this class we will explore the reasons,



halachot and minhagim of all the major lifecycle events so that when they happen to you – you know what and why we Jews do what we do!

BLOCK 2 OR BLOCK 4: WOMEN IN JEWISH LAW

As Jewish women, it is essential for us to study and gain insight into the mitzvot that we observe. In this course, we will develop a deep conceptual understanding of a woman's performance of mitzvot. We will trace the unique set of laws applying to the Jewish woman from Tanach through contemporary poskim. The challenges and opportunities facing the Jewish woman in today's society will be discussed, debated and analyzed throughout the year. Objectives for this course are to provide the student with a broad knowledge of the mitzvot that relate to women, and to understand their values and inner logic.

Topics we will include:

- Introduction: The differences between men and women in the eyes of Jewish Law.
- Talmud Torah, How does the law differ for me and women, What are women obligated in as teachers/ students, Tefillin, BirkatHamazon, Tzniut, Hashkafa -why do we have so many rules in this area?
- Halacha - what are some of the halachot about clothing, kolisha, behavior etc.?
- ShomerNegia- What is the basis for this area of Halacha? What exactly is and is not allowed?
- Laws of Yichud, Marriage/ Divorce, Relationships, Hair covering, the Aguna problem

This is a text-based class, in which we will delve into primary sources, ask questions, develop analytical and textual skills, and use our own life experiences to connect with the texts.

BLOCK 3: AROUND THE YEAR

The Jewish calendar is a living, breathing, and vibrant guide which lead us through the various emotions and experiences of our Jewish existence. From the exulted freedom of Passover to the bitter tears of Tisha B'Av, the Jewish calendar helps shape the character of the Jewish experience. However, too often we are caught off guard and find ourselves unprepared to properly absorb the power of each month and the flavor of each holiday as they seem to suddenly arrive unexpectedly. In this course, we will travel through the entire Jewish year- from start to finish- and make stops along the way to learn about the laws and lessons of each special day. Obviously, the course will not be able to cover every holiday in full detail, but will at least give a taste of each one. The course will cover at least basic laws related to each significant day, as well as provide an understanding of the morals and values that each day is meant to introduce.

BLOCK 6: SHUTIM: QUESTIONS IN A MODERN WORLD

This course will focus on שאלות ותשובות (known as ש"ת) and the integral role they have played for the last 1000 plus years. We will see how the Gemara, the rishonim, the שולחן ערוך, and the achronim are used to answer questions that arise in all areas of our ever changing world.

Course Objectives:

To expand the student's halachic knowledge, to give them an appreciation for the way in which halacha develops, and to show the wide scope of halachic concerns.

Major Topics To Be Covered:

Magic, Dreams, Entering a church, Tattoos, Gambling, Issues relating to Eretz Yisrael, Lifnei Iver, Electricity, many more.

BLOCK 9 OR BLOCK 10: HILCHOT SHABBAT

From the perspective that "תלמוד מביא לידי מעשה" ("study fosters observance"), Hilchot Shabbat is an essential aspect of any curriculum. Such a central aspect of Jewish life demands not only a knowledge of what to do, but an understanding of why we do it. We will study some of the most commonly encountered areas of Hilchot Shabbat with emphasis on their practical application. As a double period class, we will have plenty of time for chavruta, skill building, and individual growth as part a central aspect of our class.

Course Objectives:

The goal of this course is for students to be knowledgeable of the 39 Melachot from biblical sources through modern day tshuvot. Students should be able to design common scenarios that arise on Shabbat and be able to research the answers.

Major Topics To Be Covered:

Positive Mitzvot of Shabbat, such as Kiddush, Hadlakat Neirot, Oneg Shabbat, Bishul, Muktzah, Borer, Kotev, etc Most of the 39 Melachot will be covered

BLOCK 8: A DAY IN THE LIFE (LAWS OF EVERYDAY LIFE)

The life of a Jew is filled with ritual from the time we wake up until we go to sleep – from the famous (and misunderstood) "shoes" halacha to taking vacations. This halachah class will focus on halachot that come up in the course of a day and using classic and modern halachic sources with the goal of understanding and bringing meaning to our day. Halacha, is based on the root "Holech", to walk or to go. Together, we will explore how to be personally engaged in guiding all aspects of your daily life, through the lens of Halacha, and discover the beauty of Halacha and the true "way to walk".

BLOCK 12: A TRIP AROUND THE TORAH

We "know" that the Torah contains everything in the whole world, but do we really know what's in it. With the Rambam as our guide, we will tour his 14 books to get an overview of every different topic Hashem addresses to us..

JEWISH PHILOSOPHY

BLOCK 1: TANYA (THE SECRET OF CHABAD)

Following on from discovering Hahshem in our lives through the Chovos Halevavos, Tanya, a Chassidic writing from Rabbi Shneur Zalman of Liadi is a way of helping understand who we are. We will learn about our soul, what is a Mitzvah, what is Holiness, what do the concept of Tzadik and Rasha mean. What is true happiness and how it can be attained. It is an extremely deep but meaningful book which is a tool for life in this extremely challenging world.

BLOCK 3: REBBE NACHMAN'S SOUL

Rebbe Nachman left behind a legacy of love, devotion, and endless positivity in a world which is often devoid of such things. In this Shiur we will go through the text and draw from the wellsprings of light and spirituality that are found in the book Sichot Haran, Rebbe Nachman's lectures.

BLOCKS 4: UNCOVERING THE SPIRITUAL MEANING OF SHABBAT (SOUL OF SHABBAT)

For many, Shabbat is a day of restrictions. Yet according to Jewish philosophy and Kabbalah, all the laws of Shabbat are spiritual tools that help a person experience the power of God, family, inner peace

and the ability to focus on the present moment. It is not a day of restrictions, but a day of celebration. In this course, we will study many Jewish sources that explain the meaning behind the laws and customs of Shabbat. This course will focus less on analyzing the laws, and more on uncovering the meaning of the laws. Examples of the laws and customs that we will study include: challah, kiddush, candles, three meals, muktzah, pikuach nefesh, Shabbat clothes, Shabbat prayers vs. weekday prayers, havdala, refraining from using electricity/phone.

BLOCK 6: SPIRITUAL WRITINGS OF RAV KOOK

Unfortunately, for most of the English-speaking world, Rav Kook (1865-1935) has become one of those cliché thinkers that many people talk about, but very few have actually learnt and become inspired from the inside out. This course is an in-depth study of Rav Kook's writings, who spearheaded religious Zionism. We will study his spiritual philosophy of individuality, teshuva (spiritual growth), Torah, Zionism, atheism vs. faith, vegetarianism, and geulah (universal redemption).

BLOCK 8: ISSUES IN MODERN ORTHODOXY

In this class we will attempt to anticipate some of the challenges that will occur when the student is no longer in their supportive Jewish environment. We will be discussing issues such as: What to do when we start to doubt? How to react and interact with other religions and with other denominations of Judaism? Is evolution anti-Torah? What is Biblical criticism, and the like.

BLOCK 9: SCIENCE MEETS TORAH

We will explore some of the major issues and conflicts between Torah and science. We will begin with the classic "hot" topics such as Age of the Universe, Dinosaurs, Fossils, Creation/Evolution and move on to conflicts of the modern age Brain Death, Euthanasia, Stem Cell Research, Organ donation, cloning as well as other topics. This is a text-based class using classic commentators as well as views of leading scientists. The aim of the class is to enable students to feel confident in their knowledge of the issues and to be exposed to various resolutions.

BLOCK 11: WHAT MUST A JEW BELIEVE (IF ANYTHING)?

In this course we will explore the world of Jewish faith. Is Judaism an action-based religion or a belief based one? What must a Jew believe? What does imposing a system of faith mean? And if a Jew must believe, what are the core principles of faith required? We will be drawing on the Rambam's 13 principles of faith to answer these questions.

BLOCK 11: SUPERNATURAL BEINGS

How do we relate to Angel, demons, and other fantastical entities that occur throughout Tanakh and Jewish Literature? Understanding God is hard enough. What are these other things? This course will take a deep dive into all the things that may be out there just beyond what we see.

BLOCK 12: LOST IN TRANSLATION - THE THOUGHT OF RABBI JONATHAN SACKS.

Why do Jews argue about everything? Is Judaism a racist religion? Why is running a Jewish country such a challenge? In this course we are going to look at the original and exciting ways that Rabbi Sacks addressed these and other important questions that we all have to deal with as Jews in the modern world.

BLOCK 12: HASHEM WHERE ARE YOU, AND WHAT ARE YOU DOING? (HWAY)

Hashem is mysterious and hidden. Jews have always tried to seek Him and understand His ways. This class will discuss the issues relating to our understanding of God in the world and our place in that world. Topics include: Is everything in our world good? Are there coincidences? Our exploration will focus on classic and contemporary sources.

BLOCK 13: DERECH MITZVOSECHA: A KABBALISTIC APPROACH TO MITZVOS

We will study different Mitzvos and their meanings through the Kabbalistic lens of Chasidut. We will study things such as oneness and belief in God, Mitzvat Ahavat Yisrael, Tefila and more. It was written by the Third Rebbe of Chabad and is a very in-depth kabbalistic work on the meaning of Mitzvot.

BLOCK 18: INSPIRATION FROM THE RAMBAM

In this class, we will gain exposure to some of the Rambam's most powerful works on Jewish ethics and ideals. We will begin by preparing ourselves spiritually and practically for the month of Elul with the Rambam's Hilchos Teshuva. We will then work our way through some of the Rambam's commentaries on Pirkei Avos, amongst other works.

BLOCK 18: THE WHAT AND WHY OF TEFILA

Tefila is our most frequent mitzvah and it may be our hardest mitzvah. What is all about? What effect is it meant to have on us? On the world? Does Hashem really listen to our suggestions? Does he need our praise? This class will explore the many approaches to this complex and multifaceted mitzvah.

BLOCK 19: KOL DODI DOFEK

In 1956 Rav Soloveitchik, better known as "The Rav", gave a speech at an event celebrating the independence of the state of Israel. In this class, we will read and analyze the Rav's powerful words, which have been transcribed to the book, "Kol Dodi Dofek". We will discuss themes such as fate vs destiny, emunah vs bitachon, and try to better understand our role as Jews living in this miraculous time.

BLOCK 20: THE WORLD AND THOUGHT OF RAV KOOK

Why was the world created? What do we do if God sins? Can a Mitzvah be immoral? What is the religious significance of the State of Israel? Is prayer a form of pagan worship? Should we all be vegetarians? In this series, we will address these questions and more through the lens of one of the most radical Jewish thinkers of the nineteenth century - Rabbi Avraham Yitzchak Kook.

MUSSAR & SELF HELP

BLOCK 1: SEVEN HABITS OF HIGHLY EFFECTIVE JEWS

We are all creatures of habit. Many of us procrastinate work, errands, and phone calls. We know we will do them eventually we just "aren't in the mood" to do them right now...Others always say "yes" when a friend asks us for a favor even if we really don't want to do what was being asked. Does saying "no" make you a "bad person?" Can giving be a bad thing? And some people get five hours of sleep and can function really well during the day, does that mean that's all the sleep you need? Steven Covey, author of Seven Habits of Highly



Effective People, discusses the habits he believes help us develop into our best selves. For example, how to best listen to people, how to prioritize our time, when its best to work alone or best to work as a team, etc...In this class we will learn these habits in detail while incorporating Jewish philosophy, and specific mitzvot. Combining these ideas will help us appreciate how the Torah is truly a guidebook of maximizing our lives. Exercise, sleep, being more assertive, and so many "good habits" are positive mitzvot as well. Together we will learn how to develop these positive habits into our everyday lives.

BLOCK 2: LIVING A LIFE OF SIMCHA AND EMUNAH

In the 1980s the secular world started trying to study what makes people happy. The Baal Shem Tov and his followers knew these secrets and taught us them 250 years ago. This class will discuss the different methods and approaches on how to reach happiness, meaning, and faith in our daily lives. We will delve into the teachings and stories of the Baal Shem Tov, as well as secular psychology texts and studies, exploring the nature of this pursuit which is desired by all.

BLOCK 4: NAVIGATING TEFILA

Been davening for years, but never fully sure of yourself? Sort of know what to say, but not always? Or maybe you know what to do technically, but you are looking to enhance your tefillah by learning the themes of each Tefillah. We will study the structure of the daily tefilot, the basic halachot of tefillah, and methods to enhance Kavana. This class will help "set yourself up for success!" to have a meaningful and impactful davening.

BLOCK 6: THE TRUTH THAT LIES WITHIN

Based on the teachings of Rav Wolbe alongside Modern Psychology and Personality assessments, you will go on a personal journey on this course discovering your strengths and weaknesses, core traits and what motivates you. A deep understanding yourself will show you how to best work on yourself, face personal challenges, serve Hashem and make your contribution to the world. Through learning how each individual operates so differently, we become better equipped to become more tolerant and accepting of others. We can therefore nurture our relationships to ourselves, each other and Hashem. This course includes regular introspective written exercises and tasks geared towards understanding our essence as individuals.

BLOCK 7: CHASIDUT AND PSYCHOLOGY

In this course we will be studying the works of various chasidic masters and comparing them to the psychological theories of their time period. Much of the course will focus on the Aish Kodesh and his use of guided imagery in both the learning of Tanach and as a method of understanding our relationships to Gd. We will also focus on the writings of the Noam Elimelech and his use of guided imagination. As a comparison we will also be studying the works of Freud and Kafka and Mesmer to understand the use of psychology in chasidic thought.

BLOCKS 9: MICHYAV M'ELIYAHU

Rav Eliyahu Dessler was one of the greatest Jewish thinkers of the twentieth century. R' Dessler was born in the late 1800s in Lithuania where he learned under some of the leaders of European Jewry. R' Dessler went on to spread his teachings to England before finally settling in Israel and teaching there until the end of his life. This course looks closely at Rav Dessler's magnum opus, Michyav M'Eliyahu. We will base the course on Michyav M'Eliyahu but we will examine how other Jewish thinkers dealt with the issues raised in the book.

BLOCK 13: UNLOCK YOUR POTENTIAL - HOW ORDINARY PEOPLE CAN BECOME ALL-STARS IN THEIR AVODAT HASHEM

The goal of this class is to explore the lives and impact of our great Torah leaders so that we too have a living vision of the greatness that each of us can achieve. A few individuals that will be studied are: Rav Nosson Tzvi Finkel, Rebbetzin Machlis, Rav Kook, Rebbetzin Kanievsky... Each class will consist of learning about one great Torah leader along with a Middah that he/she excelled in. There will be stories given to highlight how this individual excelled in this Middah, and the great heights that this person endured to attain this level. We will then learn a series of sources from different Machshava seforim such as: Orchot Tzadikim, Chovot Halevovot, Mesilat Yesharim, along with modern day interesting stories and videos which relate to this Middah in order to learn practical insights as to how we too can attain these middot. The goal is to have these great Torah leaders as visions and role models for what we can become and achieve. We all have the potential, it is up to us to unlock it!

BLOCK 14: CHOVAT HATALMIDIM

This Sefer is about, first and foremost, recognizing our value as a Jew, then taking on the responsibility and opportunity to learn Torah and connect to Hashem. We will learn about the things that potentially stand in our way to become our best, most growing selves. In this class, your Hebrew skills will improve as we delve into the Aish Kodesh's words. This Sefer could bring you the clarity you are searching for and answer the deepest questions: Who am I? What is my role as a Jew? How can I achieve greatness? How can I gain the skills I need to succeed?

BLOCK 14: BUILDING YOURSELF THROUGH MESILAT YESHARIM

Mesilat Yesharim is one of the most renowned Mussar Seferim, written by the Ramchal (Rav Moshe Chaim Luzzatto) in the eighteenth century. The Ramchal's stated goal is to remind everyone about the fundamentals such as what it means to be a complete Eved Hashem and how one can truly become a pious Jew. This sefer provides a clear and organized step by step approach towards development of one's character traits and growth in Avodas Hashem. The Ramchal incorporates many practical insights and ways that one can work on their Avodas Hashem and self-development. For anyone who is sincerely interested in improving their Middot and Avodat Hashem, this course is highly recommended.

BLOCK 18: SONGS OF THE SOUL

Our Jewish soul yearns for connection to our Creator. The Jewish calendar provides the exact connection points for us to plug into and nurture the closeness our Neshama craves. In this course we will travel through the Jewish calendar's holidays and months through song, tapping into its depth, breadth, and themes.

BLOCK 20: LIFE HACKS

Ever wanted to do life...better? Life Hacks will take a deeper look into life lessons from the wisest of our teachers, and bring those teachings down into our day to day. Using games, discussions, stories and more, this class will get you thinking and sharing and reflecting and hopefully dreaming big.

Course objectives include: Develop an awareness and love of seeking wisdom and incorporating it into our daily living Discover ways and systems to help prioritize the important from the not Learn effective tools for building and maintaining relationships

BLOCK 21: THE ART OF REFLECTION

What did I learn this week? What did I accomplish this week? What

do I want to take with me? The Art of Reflection is a class for any student who wants to bring their week to a close by reflecting and exploring their inner world. Time to review, time to share, time to write and even time to sing. All of these will be the vehicles by which we process the week that was and look forward to the week ahead.

BLOCK 21: A TORAH PHILOSOPHY OF SELF IMPROVEMENT

The discussions around תיקון המדות and character development can at times feel esoteric and impractical. The goal of this class is to concretize and personalize these conversations, gaining insight from different Jewish thinkers and texts. We will focus on both the inherent importance and broader ramifications of refining one's character.

JEWISH HISTORY

BLOCK 13: 21ST CENTURY ZIONISM

This course provides an in-depth understanding of the Zionist narrative and how it conflicts with the Palestinian narrative. Topics covered throughout the course include Jerusalem, Palestinian refugees, settlements, border disputes, security concerns and the

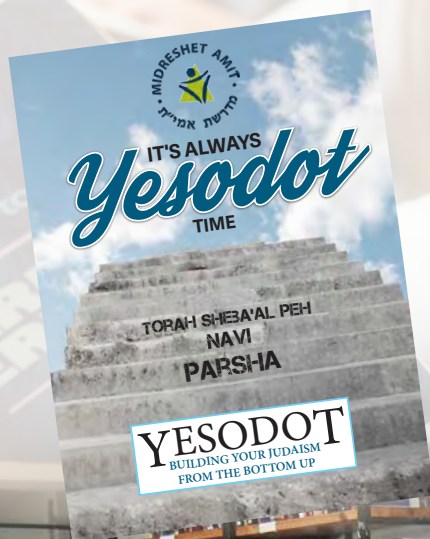
struggle for peace. By addressing these complex issues head on, students will gain the knowledge to effectively articulate an informed position regarding one of the longest running post WW2 conflicts.

Course Objectives:

The goals of this course are threefold: To provide the students with greater context and comprehension of Israel and the Arab-Israeli conflict, to encourage each student to develop his/her own understanding regarding the conflict, and to develop the skills necessary to articulate their understanding to others.

BLOCK 14: THE UPS AND DOWNS OF 2500 YEARS OF JEWISH HISTORY

In today's modern world what does it mean to be a Jew? Is a Jew a person who chooses a certain way of life, a person born into a way of life or is it something else entirely? For over 2500 years, the Jewish identity, way of life and thinking, has been shaped and constructed by the experiences of our ancestors and how they reacted to their ever-changing circumstances. In our course, we will go on a fascinating journey through the history of the Jewish people, to discover just what made us who we are today. Together, we will discover the scandals, the challenges and the successes of our forebears as we ride the rollercoaster ride of Jewish history.



- Weekly Perakim of Tanach
- Parsha
- Olam Habah Guarantee: 2 Halachot a day!
- Olam Hazeir Guarantee: Weekly Quizzes for Sefarim or Angels Gift Certificates





OUR STUDENTS

AMIT STUDENTS ARRIVE FROM THE FOLLOWING HIGH SCHOOLS:

Beren Academy (Houston, TX)	Rabbi Alexander S. Gross Hebrew Academy (Miami Beach, FL)
Beth Rivkah (Melbourne, Australia)	Rae Kushner Yeshiva High School (Livingston, NJ)
CHAT (Toronto, ON)	RAMAZ (New York, NY)
Fuchs Mizrachi (Cleveland, OH)	SAR (Riverdale, NY)
Gann Academy (Boston)	Shalhevet (Los Angeles, CA)
HAFTR (Lawrence, NY)	Stella K. Abraham High School for Girls (Hewlett, NY)
HANC (Plainview, NY)	Frisch (Paramus, NJ)
Hasmonean High School (London, UK)	Ulpamat Orot (Toronto, ON)
Hillel Day School (Miami, FL)	Westchester Hebrew High School (Westchester, NY)
Ida Crown Academy (Chicago, IL)	Yeshiva College (Johannesburg, South Africa)
Katz Yeshiva High School (Boca Raton, FL)	Yeshiva of Atlanta (Atlanta, GA)
Kesser Torah (Sydney, Australia)	Yeshiva of Flatbush (Brooklyn, NY)
Maayanot Yeshiva High School for Girls (Teaneck, NJ)	Yeshiva of Greater Washington (Silver Spring, MD)
Magen David (Brooklyn, NY)	YU High School for Girls (Queens, NY)
Maimonides (Boston, MA)	YULA (Los Angeles, CA)
Melvin J. Berman Hebrew Academy (Potomac, MD)	
Moriah College (Sydney, Australia)	
North Shore Hebrew Academy (Great Neck, NY)	

The warm environment at AMIT has made me feel at home from the first day I arrived. I have developed strong relationships with the faculty that I know will last forever. Having these bonds with the teachers in addition to the engaging classes has me looking forward to learning every single day. While the school year has only just begun, I can tell that this will be the most impactful year of my life.

ASHLEY COHEN
Great Neck, NY

AMONG THE UNIVERSITIES OUR STUDENTS ATTEND ARE:

Bar Ilan University (Israel)	Hunter College	Queens College	University of Michigan
Barnard College	IDC (Israel)	SUNY Albany	University of Pennsylvania
Boston University	Johns Hopkins University	SUNY Binghamton	Washington
Brandeis University	London School of Economics	Touro College	University of YU Stern College for Women
Columbia University	McGill University	UCLA	York University
Emory University	New York University	University College of London	
Fashion Institute of Technology	Parsons College	University of Maryland	



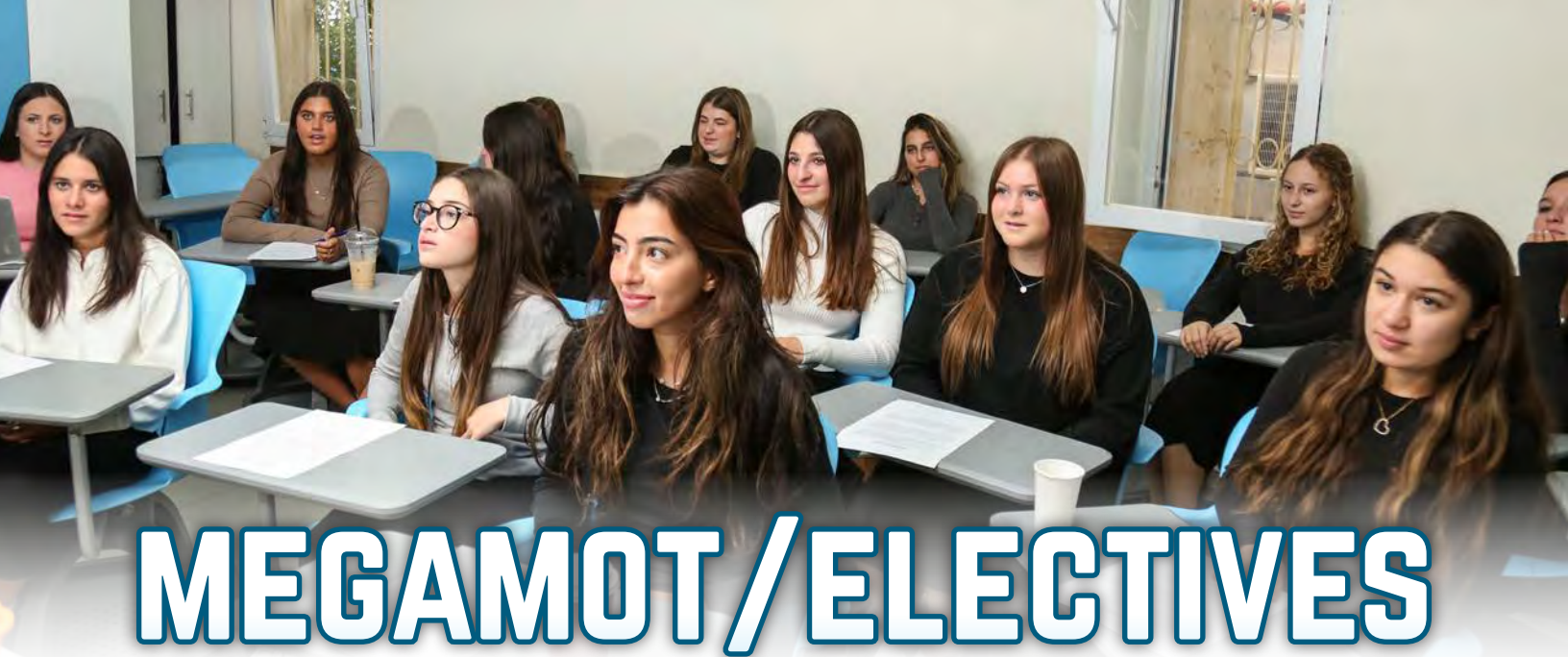


Coming from a small high school in Canada, I was looking for a seminary with a warm environment and that's exactly what I found at AMIT. All of the staff and my new friends create a welcoming, loving and inclusive home away from home for this year.

LITAL MANISHIROV

Toronto, Canada





At AMIT, every student has the opportunity to pick an elective as part of our unique Megamot program. Each week, the students will spend time exploring one elective and engage in experiential learning including group trips, projects, speakers and opportunities for meaningful reflection. Students will be encouraged to think creatively and cooperatively about how to incorporate their learning and experiences into their communities. Students will also gain exposure to the variety of personalities and activities in the broader Amit network throughout the country.

LEADERSHIP

Students will hear from industry leaders, Knesset ministry officials and entrepreneurs. Students will discover their unique leadership style through participating in workshops on topics such as public speaking, modeling leadership skills to youth at risk and dressing for success.

ISRAEL

Students will experience Israel from several different angles: history, culture, people and geography. Trips and Speakers will highlight the successes and challenges that modern day Israel faces.

TORAH

Students will be exposed to creative thinkers in the Torah world and will visit museums and organizations who synthesize Torah and the complexities of the modern world. Students will learn and teach in the broader AMIT community.



ACADEMIC CALENDAR

SEPTEMBER

**Wednesday,
September 7**

Arrival – Welcome to
Israel!

**Thursday, September
8 – Sunday,
September 11**
Orientation

**Shabbat,
September 10**
Orientation Shabbaton

**Monday,
September 12**
Classes Begin

**Wednesday,
September 14**
Chesed and Megamot
Orientation

**Thursday,
September 22**
Educational Seminar #1

**Sunday, September
25 – Tuesday,
September 27**
Rosh Hashana

OCTOBER

**Tuesday, October 4–
Wednesday,
October 5**
Yom Kippur

**Friday, October 7–
Tuesday, October 18**
Sukkot Break

**Wednesday,
October 19**
Classes Resume

Friday, October 21
Tiyul

Shabbat, October 22
AMIT Shababton

Monday, October 31
Educational Seminar #2

NOVEMBER

**Tuesday–Wednesday,
November 8–9**
Overnight Tiyul

**Shabbat,
November 19**
AMIT Shabbaton

**Thursday,
November 24**
Thanksgiving Dinner at
AMIT

DECEMBER

Monday, December 5
Educational Seminar #3

**Shabbat,
December 17**
AMIT Shabbaton

**Sunday, December 18
– Monday,
December 26**
Chanukah

**Thursday, December
22 – Sunday,
December 25**
Chanukah Break

JANUARY

**Monday–Tuesday,
January 9–10**
Overnight Tiyul

Thursday, January 12
End of Fall Semester

Sunday, January 15
Start of Spring Semester

Tuesday, January 24
Mid-Winter Break Day Off

Shabbat, January 28
AMIT Shabbaton

FEBRUARY

Monday, February 6
Tu B'Shvat Program

February 7–13
Poland / Israel Journeys

Shabbat, February 25
AMIT Shabbaton

MARCH

Tuesday, March 7
Purim Chagiga

Wednesday, March 8
Shushan Purim

Sunday, March 12
Educational Seminar #4

Shabbat, March 18
AMIT Shabbaton

Thursday, March 23
Pesach Break Begins

APRIL

Monday, April 17
Classes Resume

Tuesday, April 18
Yom HaShoah

Shabbat, April 22
AMIT Shabbaton

Tuesday, April 25
Yom Hazikaron

Wednesday, April 26
Yom Haatzmaut

MAY

Tuesday, May 9
Lag Baomer

Tuesday, May 16
Tiyul

Friday, May 19
Yom Yerushalayim

**Thursday, May 25–
Shabbat, May 27**
Shavuot

JUNE

Thursday, June 1
Farewell Banquet Brunch

Shabbat, June 3
Final AMIT Shabbaton

Monday, June 5
Dorm Closes in the
Afternoon



ADMINISTRATION



Mrs. Ilana Gottlieb

Director

A natural and highly regarded educator, Mrs. Gottlieb has served as director of Midreshet AMIT since 2009. In addition to her administrative responsibilities, Mrs. Gottlieb's open-door policy and engaging personality enables her to develop close personal relationships with each of the students at AMIT. Mrs. Gottlieb earned a BA in Education summa cum laude from Stern College, as well as a Masters degree in Education and Administration from Azrieli Graduate School, where she was co-valedictorian. With her special combination of personal warmth and professional excellence, Mrs. Gottlieb is an inspiring leader and ideal role model for our students.



Rabbi Daniel Goldstein

Rav Midrasha

Rabbi Daniel Goldstein has been a faculty member at Midreshet AMIT since we opened our doors in 2007. Prior to making aliyah, Rabbi Goldstein served as the rabbi of Kingsway Jewish Center in Brooklyn, NY. Rabbi Goldstein received his BA from Yeshiva College, Semicha from RIETS, and an MA in History from Brooklyn College. Rabbi Goldstein's office door is always open for students to meet about their academic schedule, halacha questions, personal religious growth and so much more. With his wise academic guidance and genuine care for each individual, Rabbi Goldstein ensures that every student maximizes the opportunities available for her at AMIT.



Mrs. Barbara Vidomlanski

Assistant Director

Mrs. Barbara Vidomlanski's round-the-clock guidance and good humor ensure that our students are happy and cared for 24/7. With innovative Shabbatonim, tiyulim, and chesed programs, Barbara – as she's known at AMIT – adds fun, exciting, and inspiring out-of-the-classroom components to the AMIT experience. Her warmth and dynamic personality have endeared her to the entire AMIT family both while they are students in Israel and for years to come. Barbara earned her degree in education from Stern College and in addition to the various formal and informal educational positions she has held, she has spent many summers on staff at Camp Moshava.



Mrs. Pesha Fischer

Experiential Educational Coordinator

Mrs. Fischer has been teaching seminary students since her aliya in 2000. Prior to her aliya, she was the Campus Torah Educator at the University of Maryland and the Judaic Studies Coordinator and Yavneh Academy in Dallas. Her expansive Torah knowledge and creative educational methods make her classes a real favorite among the students. Her excitement for teaching students how to learn inspires them to push themselves to achieve greatness in the AMIT Beit Midrash and beyond.



Mrs. Bina Golding

Coordinator of Student Life and Chesed Programming

Bina earned a degree in Education at Kiryat Ono College. She has many years of experience working with Shana B'Aretz students. As Beit Hayalet and Volunteer Coordinator at AMIT, Bina oversees all aspects of the volunteer experience, both within Beit Hayalet and in a variety of meaningful places all throughout Yerushalayim. Her goal is to maximize the opportunities each student has to give of herself through Chesed. Bina's integration of professionalism and warmth make her a beloved member of our staff and close friend and a role model to our students.



Mrs. Molly Rosenberg

Coordinator of Health and Well Being

Mrs. Molly Rosenberg has served as Healthcare Coordinator at AMIT since 2020. With her natural warmth and empathy, Molly looks after each student and is there to nurse them through whatever challenges they may face. In addition, Molly guides the students through the complex Israeli health system. Combining roles of "mom", nurse, and advocate - Molly's presence provides stability at our students' most challenging time.

THE FACULTY

Our faculty is made up of Israel's most dynamic and caring educators.
 They have the special ability to make ancient texts relevant and meaningful.
 They are dedicated to the students and focused on creating lasting relationships.
 Our faculty are role models and represent an ideal synthesis of love of Torah, Am Yisrael and Eretz Yisrael.



Rav Amos Azizoff



Rav Adi Ciner



Rav Ari Faust



Rav Eytan
Goldstein



Mrs. Malka
Hubscher



Mrs. Sepha
Kirshblum



Mrs. Rebecca Klein



Mrs. Dara Knapel



Mr. Matthew
Lipman



Rabbi Chaim
Metzger



Ms. Temima
Pilochofski



Mrs. Teli Mishaan



Rav Aaron
Rosenberg



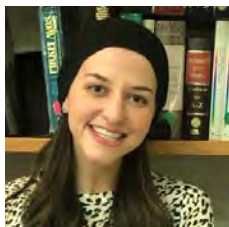
Rav Rafi
Rosenblum



Mrs. Avigayil Petlin



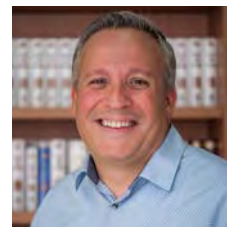
Rav Ari Ze'ev
Schwartz



Mrs. Gabi Siegel



Mrs. Aviva Sluckis



Rav Aharon Wexler



Ms. Shlomit
Wachsberg



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